This document is the pdf version of the introduction found on our Akanfo Nanasom page: www.odwirafo.com/Akanfo\_Nanasom.html



**Akanfo** (ah-kahn'-foh) in the Twi language of the **Akan** means *Akan people*. Akanfo originated in ancient **Khanit**, also called **Keneset** (Ancient Nubia), at the beginning of human existence upon **Asaase** (Earth). This is the region of contemporary Sudan and South Sudan in the Eastern region of Afuraka/Afuraitkait (Africa). We eventually migrated around the world. Some Akanfo migrated north of Khanit and settled ancient Kamit (ancient Egypt), while others remained in Khanit. Over the millennia, Akanfo migrated to West Afuraka/Afuraitkait (West Africa) establishing the ancient civilization of **Akana** (**Khanat** - Ghana). Some Akanfo were also a component of the **Kanem** empire (pre-Bornu), the original/authentic Black **Berber** empire (**Abibiri**-fo) and the **Kong** empire (Kan) before ultimately migrating to and settling in the areas of contemporary Ghana (Akana) and Ivory Coast. Akanfo presently comprise approximately 45.3 percent of the population of Ghana (11,000,000) and approximately 42.1 percent of the population of Ivory Coast (9,000,000). Collectively, there are over 20,000,000 Akanfo in West Afuraka/Afuraitkait, including smaller populations in Togo, Burkina Faso and other areas.



Khanitu (Nubians) - Ancient Akanfo visiting Kamit 3,400 years ago

During the *Mmusuo Kese (Great Perversity/Enslavement era)* the Akan ethnic group, as today, comprised one of the largest ethnic groups in West Afuraka/Afuraitkait (Africa). Many Akanfo were thus captured as prisoners of war, shipped to the americas, the Caribbean and europe and forced into enslavement over the course of three centuries. As a result, Akanfo represent one of the largest groups of Afurakanu/Afuraitkaitnut (Africans) living in the western hemisphere today. There are millions of Afurakanu/Afuraitkaitnut (Africans) of direct Akan descent - *genetically and spiritually* - extant within the populations of the americas, the Caribbean and europe who refer to themselves variously as African-americans, African-canadians, Afro-brazilians, Jamaicans, Afro-cubans, Afro-Caribbeans, Africans in britain, spain, portugal, france, etc. Many have embraced or are poised to embrace our *Ancestral Mandate* to re-engage the process of reclaiming our Akan identity. Nanasom - Afurakani/Afuraitkaitnit Ancestral Religion is key to this reclamation.



Above: Afurakani **Okofo** (African/African-American Warrior) armed and patrolling "Dismal Swamp" in virginia - artist's rendition, c150 years ago.

Thousands of Afurakanu/Afuraitkaitnut freed themselves from enslavement, established independent nations in the americas and waged war successfully against the whites. Akanfo were prominent amongst these **Akofo** (Warriors/Warrioresses) in the americas as well as the Caribbean

From our NANASOM page [www.odwirafo.com/nanasom.html]:

"... The title **Nana** carries great weight, even Divine qualities, thus only those who have demonstrated their worthiness of this title are properly addressed as such. Fundamentally, they have become part of a Divine community after having attained a certain level of spiritual cultivation..."

"...The Twi term **som** means: 'to serve'. The term **Nanasom** thus means: 'to serve Nana; the service of Nana'. This encompasses the reality of Afurakani/Afuraitkaitnit (African) Ancestral Religion, for our Greatest Ancestress and our Greatest Ancestor, our Greatest Grandmother and our Greatest Grandfather, our Greatest Elderess and our Greatest Elder as Afurakani/Afuraitkaitnit people is **Nana Nyamewaa** and **Nana Nyame**. As "cells" within the Great Divine "Body" of The Supreme Being, **Nyamewaa-Nyame**, Afurakanu/Afuraitkaitnut (Africans) function only to serve the Great Divine Whole of Whom we are an integral part, just as the many living cells operating within your body function only to serve the whole (you) of whom they are an integral part..."

"...When we attune ourselves to the power and consciousness of the **Abosom** (Deities), Whom are also **Nananom** (plural of Nana), we are in the service of **Nana Nyamewaa** and **Nana Nyame**. When we follow the guidance of our **Nananom Nsamanfo** (Spiritually Cultivated Afurakani/Afuraitkaitnit Ancestresses and Ancestors) we are in the service of **Nana Nyamewaa** and **Nana Nyame**. This is **Nanasom** and it is translatable linguistically and conceptually into all Afurakani/Afuraitkaitnit languages..."



Amenet and Amen from the Temple of Apet Resit in ancient Kamit Nyamewaa and Nyame [Ny-Amen-waa and Ny-Ame(n)] in Akan culture

Nyamewaa-Nyame (Goddess-God) are the Great Mother and Great Father Whom Together comprise The Supreme Being

"... The term Nana is a reduplication of the root na. In the Twi language, the root 'na' is defined as that which is rare, precious; ancient (Ancestry), great. The Twi language is derived of our Ancestral language of ancient Khanit (Keneset) and Kamit (Nubia and Egypt). We therefore find that in the metutu (hieroglyphics) the term na means: great, greatness; benevolence. The related term naanu means good, beautiful while nanu means 'grains' or 'seeds'.

We also find that the term sm (som) means: a deed or undertaking; a custom, a practice; to ritually provoke, to ritually place offerings on an altar:

Thus in our ancient Ancestral language these terms also describe an undertaking, custom and practice of ritual invocation and ritual offering (service) to They Who are good, beautiful, great, benevolent: our Nananom Nsamanfo, the seed people, the Abosom the seed Forces/Divinities of Creation, and Nana Nyamewaa and Nana Nyame (Amenet and Amen) - They who seeded all. These are the ancient conceptual and phonetic roots of the term and nature of Nanasom, for Khanit (Keneset) and Kamit are the roots of Afurakani/Afuraitkaitnit (African) Ancestral Religious inheritance. All Black People--and only Black People--wherever we exist in the world are Afurakanu/Afuraitkaitnut (Africans) and share in these linguistic and cultural roots..."



## NANASOM

"...**Nanasom** is a **spiri-genetic** inheritance incarnate within the **kra ne mogya**, the soul and blood, of all Afurakanu/Afuraitkaitnut (Africans). It therefore naturally reveals itself via our thoughts, behavior and culture everywhere we have migrated to and/or settled on **Asaase Afua** (The Earth Mother).

**Nanasom** is properly defined in essence as: the ritual incorporation of Divine Law and the ritual restoration of Divine Balance. Through ritual we, as Afurakanu/Afuraitkaitnut, incorporate those things, objects, deeds and entities, necessary for us to harmonize our every thought, intention and action with **Nyamewaa-Nyame Nhyehyee** (The Supreme Being's Order/Divine Order) and through ritual we, as Afurakanu/Afuraitkaitnut, restore balance to our lives when imbalance occurs..."

"...Only Afurakanu/Afuraitkaitnut are capable of practicing **Nanasom**, for Afurakani/Afuraitkaitnit people are the only <u>created</u> people in the world. No other groups including white europeans, white americans, white hispanics/latinos/latinas, socalled native americans, white arabs, white indians/hindus, white asians, etc. qualify as Afurakanu/Afuraitkaitnut and therefore have no place, physically, spiritually nor cosmologically, within any form of **Nanasom**. This includes all of the various expressions of Afurakani/Afuraitkaitnit Ancestral Religion manifest in our various ethnicities in Afuraka/Afuraitkait (Africa) and outside of Afuraka/Afuraitkait, wherever we exist in the world..."



Akan funerary sculpture - 400 years old

Akanfo manifest a unique expression of Nanasom - Afurakani/Afuraitkaitnit Ancestral Religion, as do all other Afurakani/Afuraitkaitnit ethnic groups (*Ewe, Yoruba, Igbo, Bakongo, Dinka, etc.*). Our Khanit (Akanni) Ancestresses and Ancestors left an enduring record of this expression in ancient Khanit and Kamit. As Nananom Nsamanfo (*Honorable Ancestresses and Ancestors*), They have continued to guide us in this expression wherever we have migrated upon Asaase Afua (*Earth Mother*) over the millennia to the present day.



Akan Adinkra Symbol - Odenkyem mmemu

**Akanfo** on the continent of Afuraka/Afuraitkait (Africa) and their followers in the americas, the Caribbean and eurasia - who <u>refuse</u> to eradicate the infection of the pseudo-religious doctrines of the whites and their offspring (christianity, islam, judaism/hebrewism, hinduism, buddhism, vedanta, hermeticism, kabbalism, et. al.), the perverse culture of the whites and their offspring (dissexuality/homosexuality, inter-racial "marriage", white cultural ill-values, etc.) and refuse to reject the whites and their offspring themselves - perpetuate a *corruption* of **Nanasom**. The **Abosom** and **Nananom Nsamanfo** ultimately **withdraw Their influence** from such Akanfo, just as They withdraw Their influence from those of our people who engage in other forms of disorder (lying, theft, child molestation, murder, rape, etc.) and/or embrace or ally themselves with murderers, molesters, rapists, criminals, etc.

In the absence of actual **Abosom** and **Nananom Nsamanfo**, the corrupted "Akan spirituality" becomes a pseudoreligious practice which amounts to nothing more than the evocation of the spirits of uncultivated, discarnate deceased relatives and non-relatives who are fraudulently misrepresented as **Abosom** or **Nananom Nsamanfo**. Such spirits assist "clients" with health issues, financial issues, relationship issues and more just as they did when they were living in the world as physicians, therapists, counselors, salesmen, confidants, liars, criminals, etc. Yet, the assistance comes with the reinforcing of anti-Afurakani/anti-Afuraitkaitnit values. When such assistance is realized, clients are misled to believe that their issues were resolved through the "divine power" of the "gods and ancestors".

## In reality, uncultivated spirits, including those who misuse bayi (misnomered witchcraft), have the capacity to <u>assist</u> people as well as <u>assault</u> people. Such assistance does not carry Divine sanction. It carries the perpetuation of disorder which is in direct contradistinction to Nyamewaa-Nyame.

Assistance from uncultivated spirits is a means by which clients are conditioned to become dependent upon such discarnate spirits and feel obligated to sacrifice for them. These uncultivated spirits in turn are dependent upon the energy of such sacrifices procured from brainwashed clients, just as drug-addicted individuals have become dependent upon the "energy" of the drug (cocaine, heroin, marijuana, etc.) procured from the drug-seller. The overall result of this perverse co-dependency for the greater community of Akanfo is the perpetuation of ignorance, disorder, male-female imbalance, self-hatred (skin-lightening, hairstraightening, etc.), rationalization of insane behavior and foolish pseudo-"cultural" practices, the ill-worship of white people, culture and values.



Akan Adinkra Symbol - Aya

The whites and their offspring are akyiwadefo (spirits of disorder). <u>All of them</u> (infants to adults, living and "deceased" and yet to be born) are absolutely <u>hated</u> by Nyamewaa-Nyame, the Abosom, the Nananom Nsamanfo and conscious (normal) Afurakanu/Afuraitkaitnut (Africans). The Expansive and Contractive Poles of Nyamewaa-Nyame Nhyehyee, Divine Order, are MMARA NE KYI - Law (Love) and Hate. The Contractive Pole of Divine Order - Kyi (Hate) - repels/rejects/hates disorder and thus destroys disorder and its purveyors in Abode (Creation), just as the Immune System repels/rejects/hates cancer and thus destroys cancerous cells in the body without fail or compromise. To attempt to embrace the akyiwadefo (whites and their offspring) on any level is to attempt to embrace disorder - which includes the embracing of white values.

Embracing white values is the embracing of false/perverse beliefs about various aspects of life and a set of prescribed behaviors tied to said beliefs. These beliefs and their behavioral prescriptions lead to self-destructive thoughts, intentions and actions amongst Afurakanu/Afuraitkaitnut (Africans). This manifests in the lack of the ability of the people to change their condition and realign themselves and the **oman** (community/nation) with **Nyamewaa-Nyame Nhychyce** (Divine Order). Their communal reflection is thus not one of Order, but a reflection of the disorder that the whites and their offspring continuously attempt to force upon Afurakani/Afuraitkaitnit (African) society as a whole.

Political independence without spiritual independence is cultural enslavement and colonization. It is by definition the perpetuation of white-rule.



Akan Adinkra Symbol - Bi nka bi

**Akanfo** began to settle in the savannah and forest-belt region of *contemporary* Ghana and Ivory Coast nearly 1,000 years ago after having migrated from the *ancient empire* of Ghana (Akana). The ancient empire was located further north in the region of contemporary southeastern Mauritania and western Mali. One of the major reasons for the mass migration was the deterioration of the ancient empire as a result of internecine warfare amongst the inhabitants, arising from the invasion and perverse influence of foreign, muslim groups. When the muslim invasions occurred they tapped into the disgruntled element within the population of the ancient empire, encouraging some of the disgruntled Akanfo to ally themselves with the foreign cause. This was the only strategy capable of destroying the empire from inside-out. In the process, some of the disgruntled Akanfo accepted the pseudo-religion and pseudo-philosophy of islam.

Intelligent Akanfo recognized that islam, as well as chritianity and judaism, are pseudo-religions. They recognized the reality that the various characters: jesus, moses, muhammed, abraham, allah, yahweh and the others **are all absolutely fictional characters manufactured by the whites** in an attempt to corrupt the **adwene** (minds) of the disgruntled in the population. These false deities and characters were designed to replace actual **Abosom** (Deities) of Creation and our actual **Nananom Nsamanfo** (Ancestresses and Ancestors). Misguided Afurakanu/Afuraitkaitnut (Africans) who embraced the pseudo-religion would thus begin to worship white people, white culture and thus accept and perpetuate white rule. As in other parts of Afuraka/Afuraitkait (Africa), the pseudo-religion was used as a ploy to permanently separate the disgruntled Akanfo in society from the rest of society and exacerbate and exploit deep divisions.

Intelligent Akanfo recognized the severe degradation of the society and decided to migrate away from the empire and reestablish Akan civilization in a new region. They would eventually migrate to the region of contemporary Ghana and Ivory Coast. They would also successfully repel the military invasions and perverse influence of muslims for centuries.

Over time, some of the disgruntled Akanfo would rejoin their families in the new settlements. Yet, all of them had not eradicated the perverse influence of the pseudo-religion and pseudo-philosophy of white (islamic) culture. *These perverse influences were thus woven into the fabric of Akan culture by a minority percentage of the population in the new settlements over the course of hundreds of years.* 

Today, some of the descendants of those who incorporated the perverse influences of the pseudo-religion and pseudo-philosophy of the whites exist in Ghana and Ivory Coast as 'elders/elderesses' **infected** with white culture, who continue to perpetuate an **inauthentic expression** of Akan culture. This **inauthentic expression** is however is promoted by these *infected elders/elderesses* as "ancient Akan religion, spirituality and culture". Those Afurakanu/Afuraitkaitnut (Africans) who travel to Ghana and Ivory Coast to study the language, culture and religion, live for extended periods of time and/or repatriate, become initiated into priestly orders, or receive royal titles (chief, king, queenmother, etc.), have received a corrupted Akan culture from infected "elders/elderesses". Yet, most (unknowingly) move forward to teach other seekers of Akan culture this inauthentic expression of Akan culture, for this inauthentic expression was transmitted to them by infected continental Akanfo who taught them that "this is how our ancestors have lived since time immemorial". In reality, this inauthentic expression of Akan culture has its roots in the muslim invasions of 1,000 years ago.



Akan Adinkra Symbol – Sankofa

Akanfo outside of Afuraka/Afuraitkait, as well as those *within* Afuraka/Afuraitkait, who engage the process of **Sankofa** - who return, go, grasp and follow the guidance of our ancient Nananom Nsamanfo - evidence an authentic expression of Nanasom. It is an authentic expression because it is rooted in Nyamewaa-Nyame Nhyehyee, The Supreme Being's Order~Divine Order and totally devoid of the pseudo-religious doctrines and perverse culture of the whites and their offspring - meaning <u>all</u> non-Afurakanu/non-Afuraitkaitnut (all non-Africans~non-Blacks). It is an Ancestral expression because it has been given by Nyamewaa-Nyame, transmitted by the Abosom (Deities), crystallized by the Nananom Nsamanfo and received and carried within the kra ne mogya (soul and blood) of Akanfo wherever we exist in the world.

Nanasom, defined as Afurakani/Afuraitkaitnit Ancestral Religion references the reality that it is the Nananom Nsamanfo, our Spiritually Cultivated Afurakani/Afuraitkaitnit (African) Ancestresses and Ancestors, who transmit the tumi (power) of the Abosom to us - their direct blood descendants. This is the Nhyehyee (Order) of Nyamewaa-Nyame (Amenet-Amen). This direct transmission of tumi insures that wherever Afurakanu/Afuraitkaitnut (Africans) migrate, migrated or were forced to migrate anywhere in the world, our expression of Nanasom (religion) and our expression of Amammere (culture) remained/remains intact and accessible.

Akanfo who were forced to migrate to the western hemisphere during the Mmusuo Kese (Great Perversity/Enslavement era) continued our practice of Akanfo Nanasom - Ancient Authentic Akan Ancestral Religion, in the form of Winti in Surinam, Obeah in Jamaica and 'African-American' Hoodoo in North Amaruka (america). It was our adherence to these expressions of Akanfo Nanasom that powered our wars of resistance against enslavement which forced the whites and their offspring to ultimately accept abolition and emancipation. We continue these authentic expressions of Akanfo Nanasom to this day.

The accessibility of *ancient, authentic* Afurakani/Afuraitkaitnit Ancestral Religion is replenished in every generation, with every Afurakani/Afuraitkaitnit (African) individual, through our evocation of our *direct blood* 

Nananom Nsamanfo and through our invocation of our Okra/Okraa - our *personal* Obosom - and the Abosom Who we have *inherited by blood* via matriclan and patriclan inheritance.

These **Abosom** W ho we have inherited by blood remain connected to us wherever we have settled and will settle in the world, for these **Abosom** remain with us **transcarnationally** – through successive reincarnations.

Our access to our **Nananom Nsamanfo**, the **Abosom** and our **Okra/Okraa** is founded upon the reality that they were permanently assigned to us by **Nyamewaa-Nyame** *pre-incarnation*. This is true of all Afurakanu/Afuraitkaitnut (Africans).



AAKHUAMUMAN AMARUKA ATIFI MU, the Akwamu Nation in North America, is a manifestation of this reality. As descendants of those Akwamu-Akan Ancestresses and Ancestors who were captured as prisoners of war and forced into enslavement in the western hemisphere, as well as those who entered the western hemisphere to fight for and liberate their kin and other Afurakanu/Afuraitkaitnut (Africans) during that era, we have reconnected with those Nananom Nsamanfo and the Abosom who we have inherited via mogya (blood) under the direction of our Okra/Okraa. We have reestablished and renewed our connection with our Nananom Nsamanfo of every generation from our most recent Nsamanfo who resided in the western hemisphere, during and in the aftermath of the Mmusuo Kese (Great Perversity/Enslavement era), to those of our Nsamanfo who resided in West Afuraka/Afuraitkait (Africa) and going back to our founding Abusuakuw, our founding Ancestral clans, of our Nananom Nsamanfo in ancient Khanit (Nubia).

This direct blood-line forms a circle of authority which informs the restoration of Akanfo Nanasom within our oman (nation) and its purification each and every day. Moreover, this Ancestral protocol is key for the cultural and religious restoration and purification of all Afurakanu/Afuraitkaitnut (Africans) of various ethnicities (Yoruba, Ewe, Fon, Igbo, Bambara, Dogon, Mandinka, Fang, Bakongo, Ovimbundu, etc.) who were dislocated from Afuraka/Afuraitkait (Africa) during the Mmusuo Kese and forcibly transported to the western hemisphere.

Our restoration of *authentic* Afurakani/Afuraitkaitnit (African) Ancestral Religion is not dependent upon us traveling to Afuraka/Afuraitkait (Africa) to learn from continental Afurakanu/Afuraitkaitnut (Africans). Our restoration of *authentic* Afurakani/Afuraitkaitnit (African) Ancestral Religion, **Nanasom**, as Afurakanu/Afuraitkaitnut (Africans) in the western hemisphere, is founded <u>solely</u> upon us realigning with our Okra/Okraa, Ka/Kait, Ori Inu, Se Lido, Chi (Soul/Divine Consciousness) and our evocation and invocation of our direct blood Nananom Nsamanfo and the Abosom who are connected to us by blood from right where we stand upon Asaase Afua (our Earth Mother).

This is the <u>only</u> means by which we can restore an authentic expression of **Nanasom**. It is the realization of our collective **nkra/nkrabea** (function, mission) given to us by **Nyamewaa-Nyame**. Our reconnection and cultural exchange with our relations from the continent of Afuraka/Afuraitkait (Africa) can only give added texture to this protocol - **however it** cannot replace this protocol.

Our *authenticity* is a reflection of our autochthonous process of restoration and purification. It is our innately held and Ancestrally transmitted protocol for alignment with **Nyamewaa-Nyame**.

## AKANFO NANASOM Ancient Authentic Akan Ancestral Religion



**Apedemak** Ancient Khanit (Nubia) - Temple of **Apedemak** - Constructed over 2,000 years ago

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