

Bena

The Obosom of Bena and Benada



Bena (Heru Behudet, Ogun, Ogu)

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www.odwirafo.com/akradinbosom.html

BENA (beh'nah) is the **Obosom** of the **okyin** (planet) **Bena** ("mars"). His **da** (*day*) is **Benada** (tuesday). He is referred to as the **Obosom** of hot metal and war. **Bena** is the Enforcer of Divine Order, **Nyamewaa-Nyame Nhyehyee**. He is the Principal Agent of the Divine Hate (**Kyi**) of **Nyamewaa-Nyame** (*The Supreme Being*). **Bena** operates as the *Divine Immune System*, the military structure within **Abode** (ah-baw'-deh/ *Creation*) - the Divine Body of **Nyamewaa-Nyame** and thus the immune system within the Afurakani/ Afuraitkaitnit (African~Black) body.

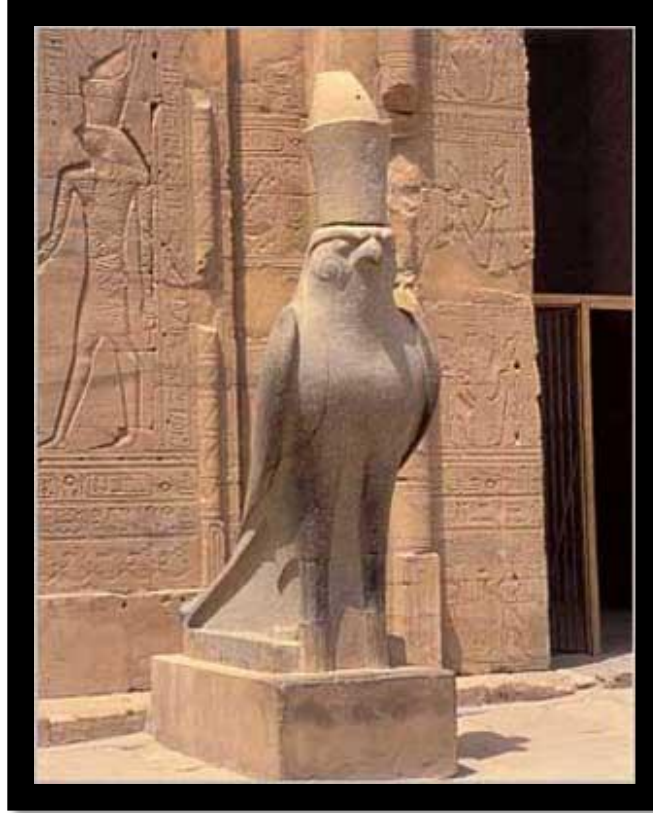


Okyin Bena

In ancient Kamit, **Bena** has many titles. He is one of the **Heru Abosom** (Deities). He is referred to as **Heru Behudet** (**Behdety**), **Heru** of **Msn** (*Mesen*) and **Heru** of **Edfu** (*Djeba*). He is also called **Heru Ur** (**Heru** the *Great* or the *Elder*). He is the Son of **Ra**. He takes the forms of the *Winged Disk* as well as the Great Divine Hawk amongst other forms.

It must be noted that Heru, the Son of Ausar and Auset and Heru Behudet, the Son of Ra, are Two separate and distinct Abosom. In reality, Heru the Son of Ausar and Auset is the same Obosom worshipped as the Orisha Shango in Yoruba culture and the Vodou Heviosso in Ewe-Fon Culture. He is called Yaw in Akan culture. Heru Behudet (Heru Ur) on the other hand is referred to as Ogun and Ogu in Yoruba and Ewe-Fon (Vodoun) cultures respectively.

Many Afurakanu/ Afuraitkaitnut (Africans~Black People) have been misled by misinformation promoted by "spiritual" groups and individuals on this issue and thereby subscribe to the false belief that Heru Behudet is the "form that Heru Son of Ausar and Auset takes when He fights Set". This is totally inaccurate. Heru and Heru Behudet, Shango and Ogun, Heviosso and Ogu, Yaw and Bena are separate and distinct Abosom (Deities) with Their own specific functions in Abode (Creation).



Heru Behudet (Bena, Ogun, Ogu) the Son of Ra



Heru (Yaw, Shango, Heviosso/So) the Son of Ausar and Auset

Heru Behudet is also called **Heru Teshher**, meaning the "*Red Heru*". One reason for this is the fact that the planet **Bena** (so-called "mars") appears red. This planet has thus been called the "red planet" for millennia. Red represents fire and war. This is why **Bena** is called the **Obosom** of hot metal and war. From the legend of **Heru Behudet**:

"...And behold the enemies [of Ra] rushed into the water, and they took the forms of [crocodiles and] hippopotami, but nevertheless Ra Heraakhuti sailed over the waters in his boat, and when the crocodiles and the hippopotami had come close to him, they opened wide their jaws in order to destroy Ra Heraakhuti.

And when Heru Behudet arrived and his followers who were behind him in the forms of workers in metal, each having in his hands an iron spear and a chain, according to his name, they smote the crocodiles and the hippopotami; and there were brought in there straightway six hundred and fifty-one crocodiles, which had been slain before the city of Edfu. Then spoke Ra Heraakhuti to Heru Behudet, "My Image shall be [here] in the land of the South, (which is a house of victory (or, strength));" and the House of Heru Behudet is called Nekht-Het unto this day.

Then the God Tehuti spoke, after he had looked upon the enemies lying upon the ground, saying, "Let your hearts rejoice, O you Deities of heaven ! Let your hearts rejoice, O you Deities who are in the earth! Heru, the Youthful One, comes in peace, and he has made manifest on his journey deeds of very great might, which he has performed according to the Book of Slaying the Hippopotamus."

And from that day figures of Heru Behudet in metal have existed. Then Heru Behudet took upon himself the form of the Winged Disk, and he placed himself upon the front of the Boat of Ra...

Etymologically, the term **gu** in the Akan language means *to cast metal*. An individual who is a caster of metal is thus called **ogufo**--one of those people (**fo**) who cast metal (**gu**). **Bena** is therefore called **Ogu-fo**. This is the same title of the **Obosom/Orisha/Vodou** in Yoruba, Ewe and Fon--**Ogun** and **Ogu**. In Yoruba, Ewe and Fon cultures, **Ogun/Ogu** is recognized to be the **Orisha** or **Vodou** of War and Iron/Metal.

Etymologically, the root term '**ben**' in the Akan language means: *to become red by boiling, to become hot; well-cooked, thoroughly fired*. When one becomes heated, one's skin and sometimes eyes often become red. If one's skin is burned it often appears red. Yet, to be well-fired/cooked also describes one who is *thoroughly tested (battle-tested), well learned, well experienced; serious*. The term for "professor", meaning one who is *well-cooked* (thorough) is thus **obenfo**.

In addition, the term **bere** also means *red*. The rolling 'r' and the 'n' sound are interchangeable linguistically. The same is true of the 'd' sound. If one pronounces **Bena**,

Bera and **Beda** (using the rolling 'r'/tongue tapping the roof of the mouth once when pronouncing Bera) one would hardly be able to tell the difference between the terms. Taking into consideration the root **ben** (to become red) and **bere** (red) it is easily recognizable how the title of **Heru** also resounds the name **Bena**.

Behudet is spelled in the metutu:

bhud.t

bhd.t

Beh dat

Beh det

Be ra(t)

Be re(t)

Be na

Be ne

The term **obenne-ni** in Akan is defined as *one who is sent to attack the enemy* (*pl: obenne-fo*)

The immune system is the one system responsible for the preservation of the individual. It must be the most well-tested, well-experienced, well-fired system or else the entire organism is in jeopardy. This is the domain of **Bena**.

The immune response represents the **Divine Hate** of **Nyamewaa-Nyame** (*The Supreme Being*). **Afurakani/Afuraitkaitnit Ancestral Culture is the Divine acceptance (Love/Law) of Order and the Divine rejection (Hate) of disorder.** **Nyamewaa-Nyame Nhyehyee**, *The Supreme Being's Order*, is composed of Two Complementary Poles, *Divine Law (Love)* and *Divine Hate--MMARA NE KYI*. The expansive Pole is the *Law Pole*. The contractive Pole is the *Hate Pole*. This is the Pole wherein **Bena** operates. This is the Pole also where **Abenaa**, called **Sekhmet** in Kamit and Keneset, operates.

In our series on **MMARA NE KYI** [See: www.odwirafo.com/nhwehwemupage.html] we have shown the etymological and cosmological root of the term *hate*, tracing in back to the languages of ancient Keneset, Kamit and Akan. We have shown that the term *hate*, derived from the greek *ked-os* is ultimately derived from the *Kenesu-Kamau*:

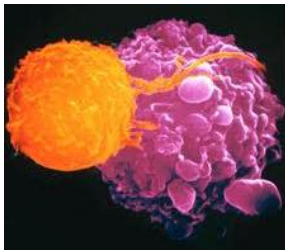
khet/khed or **het/hed**. It is a verb meaning *to break or destroy*. It also *denotes, grief, anguish, loathing*.

In the **metutu** (hieroglyphics) one of the spellings of the term is: *ht*

In english, derivatives of the term *ht* are: *hate, hit, hot, heat.*

To *hit* something or someone can be an exercise in *hate*/rejection. It leads to *breaking or destroying*. *Hate* (rejection of disorder), *Hit* (to attack) *Hot* and *Heat* (to fire/burn) all relate to the functioning of **Bena** as the Hot, Fiery, Attacking, Warrior Who destroys (hates) disorder and its purveyors in order to maintain the integrity of Divine Order in Creation. [The immune system burns up impurities in your system. Its ability to wield the fire necessary to affect this burning up of impurities is dependent on the level of **Iron** in your blood.]

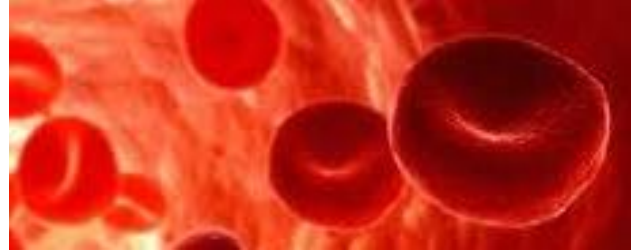
To this end, one of the titles of **Bena** as the winged disk, **Heru Behudet** (Beh det, Beh dat, Be na) is **Heti**:



T- cell killing cancer cell



Iron smelting



Blood cells containing iron



Bena

Bena rejects that which is disordered perpetually without fail, compromise or profanation. The Divine Hate of **Nyamewaa-Nyame**, encompasses all of the whites and their offspring (all non-Afurakanu/non-Afuraitkaitnut (non-Africans)) who exist, who have ever existed and who ever will exist---WITHOUT EXCEPTION---until they become extinct. This includes all ages, infant to older, carnate and discarnate. All **Abosom** (**Orisha, Vodou**), all of the **Nananom Nsamanfo** (**Egungun, Kuvito** – *Spiritually Cultivated/Honorable Ancestresses and Ancestors*) and all Afurakanu/Afuraitkaitnut (Africans~Black People) naturally embrace **Nyamewaa-Nyame Kyi**, the *Divine Hate* that **Bena** and **Abenaa** upholds.

Bena also rejects those Afurakanu/Afuraitkainut (Africans) who embrace the perversity of the whites and their offspring. Just as your immune system destroys toxins streaming in from the outside and cancerous cells that have developed from within, so does **Bena** destroy and neutralize the external and internal threats to the maintenance of **Nyamewaa-Nyame Nhyehyee** (Divine Order).

[The whites corrupted the functions of **Heru Behudet** and **Heru** Son of **Ausar** and **Auset**, as They join Together to fight against **Set** and His followers into the fictional characters of the mahdi (al-mahdi) and the messiah (jesus) together fighting the fictional character satan. These corruptions of **Heru Behudet**, **Heru** and **Set** were incorporated in different forms into the false religions of christianity, islam and judaism/hebrewism.]

Those children of **Bena** who are born with the **akradin** (soul names) **Kwabena** and **Abenaa** must be cognizant of the fact that while they contain the power/fire to destroy/overthrow disorder and its purveyors, they must always be focused. If the immune system is ever compromised, the individual is compromised. When children of **Bena** lose their focus, their ability to destroy disorder is misdirected and they become *self*-destructive. Alcohol, drugs, misdirected violence, murder, rape, depression, suicidal ideations---extreme expressions of destructive power manifest themselves through the thoughts and actions of those who operate out of harmony with the **tumi** (energy) of **Bena**.

This is a common dilemma that all those with the **akradin Kwabena** and **Abenaa** face and must be made aware of. Traditionally, the entire community understands this when the child of **Nana Bena** is born. The community bears this in mind as the child is developing so that he/she may be properly guided to not succumb to this infection. The community therefore aids the child in ritually realigning him/herself with his/her **Kradinbosom** on a regular basis. Individuals who are children of **Nana Bena** ritually cleanse their soul, *dwaree no kra* and invoke their **okra** and **Nana Bena** on their **krada** (krah'-dah) – their soul day which is **Benada** (tuesday). This is conducted at their **Kradinbosom Nkommere** (shrine).

Odwirafo

[This document is a modified version of a post made on our forum at: www.afuraka-afuraitkait.ning.com]

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Appendix

Nyamewaa-Nyame	<i>Akan names of the Great God and the Great Goddess Whom function Together as One Divine Unit-The Supreme Being. Nyame is Amen (Ny-Amen) and Nyamewaa is Amenet (Ny-Amen-et) in the language of our Ancestresses and Ancestors of ancient Keneset and Kamit.</i>
Abosom	<i>Goddesses and Gods. Divine Spirit-Forces in Creation. Singular: Obosom (Orisha in Yoruba; Vodou in Ewe-Fon; Ntoru/Ntorotu (Neteru/Netertu) in Kamit)</i>
Nananom Nsamanfo	<i>Spiritually Cultivated Ancestresses and Ancestors (Egungun in Yoruba; Kuvito in Ewe-Fon)</i>
Nhyehyee	<i>Order; Arrangement. Nyamewaa-Nyame Nhyehyee is <i>Divine Order</i></i>

The **Akradinbosom** are a grouping amongst the vast number of **Abosom**. **Abosom** (**Orisha, Vodou, Arusi, Ntoru/Ntorotu**, etc.) are the Divine Spirit-Forces operating through the many planets, Suns, Moons, Stars, Galaxies, Oceans, Rivers, Mountains, Sky, Fire, Water, Land and the Black Substance of Space of Creation. In the human sphere They only operate through, incarnate as, communicate with, possess, work with, empower, heal and replenish the **asunsum** (spirits) of, Afurakanu/Afuraitkaitnut (Africans~Black People). This Divine exclusivity is true as well of the **Nananom Nsamanfo**, the *Spiritually Cultivated* Ancestresses and Ancestors. The **Nananom Nsamanfo** can only be Afurakanu/Afuraitkaitnut (African~Black) and They only work with their children—Afurakanu/Afuraitkaitnut (Africans~Black People) who exist all over the world.

The **Abosom** are Spirits of Order. They **accept** (love/law) Order and They **hate** disorder and its purveyors. They hate all of the whites and their offspring (non-Afurakanu/non-Afuraitkaitnut) who exist, who have ever existed and who will ever exist. This has always been true and will always be true until the whites and their offspring--all non-Afurakanu/non-Afuraitkaitnut (non-Africans~non-Blacks) become extinct. This is because all non-Afurakanu/non-Afuraitkaitnut, past, present and future, incarnated and will incarnate as spirits of disorder. The **tumi** (energy) of the **Abosom** repels disorder and disordered spirits, perpetually. [See **MMARA NE KYI, Divine Law and Divine Hate** for details: www.odwirafo.com/nhwehwemupage.html]

Afurakanu/Afuraitkaitnut (Africans~Black People) incarnate as spirits of Order. We are the only human beings *created* by **Nyamewaa-Nyame**. Our nature is in harmony with that of the **Abosom** and all of the *Created* Order. We therefore quite naturally have access to and resonance with Divinity on all levels. This access and resonance is not possessed by any non-Afurakanu/non-Afuraitkaitnut. They are spiritually incapable of aligning themselves with Divinity for they lack the spiritual organ necessary to do so--the **okra** (aw-krah') – *the soul*.

The reality that the whites and their offspring lack an okra is what defines them as non-Afurakanu/non-Afuraitkaitnut and thus spirits of disorder. It is also what makes them repulsive to and repelled by Nyamewaa-Nyame, the Abosom, the Nananom Nsamanfo and all created entities in Creation.

The **akradin** (soul-names) can only be applied to Afurakanu/Afuraitkaitnut for only Afurakani/Afuraitkaitnit (African) individuals have an **okra** (aw-krah') – a soul. The **Abosom** literally speak to the **okra** of Afurakani/Afuraitkaitnit individuals directly through our **akradin**. The whites and their offspring: *white europeans, americans, asians, white hispanics, latinos/latinas, indians, arabs, so-called "native"americans, etc.* are not Afurakanu/Afuraitkaitnut (Africans~Black People). They are therefore incapable of carrying **akradin**.