

AMANSESEW

Nationbuilding/Restoration

AMANSESEW is an Akan term meaning *Nationbuilding/Restoration*. Below is a modified excerpt from the work: **OBARIMA Afurakani Manhood** by Kwesi Ra Nehem Ptah Akhan. Note that in the human sphere, only Afurakanu/Afuraitkaitnut, meaning Africans/Black People, qualify as *created* entities as properly defined in the excerpt.

“...As you establish balance within the manifestations of your emotional energy you will be able to recognize the physical/mental/intellectual/spiritual assault being waged against you daily from the society of the whites and their offspring. You will therefore be able to discern, properly determine, what is truth and what is false, what you need to accept and what you need to reject. Who and what to love, be in *law* with, and who and what to hate. Through ritual practice of **Nanasom**, your Afurakani/Afuraitkaitnit (African) Ancestral Religious practice, you must ground yourself.

In this process, you have balanced your body, you have balanced your emotional energy, you have balanced your spirit/mind. You are now capable of connecting with other individuals whom have balanced themselves as well and begin the process of **Amansesew**. Again, you are part of a greater system. All *created* entities are important components of the world system and have Divinely allotted functions to execute. When you balance yourself, physically and non-physically, your natural compulsion to fulfill your role in Creation will be felt strongly and constantly. *Amansesew* is a product of this compulsion. You will recognize the reality that to exist under the rule and governance of the whites and their offspring, our enemies, is the ultimate imbalance for the Afurakani/Afuraitkaitnit **oman** (nation/community). You will thus be naturally drawn to those who are engaged or interested in carrying out all seven major aspects of **Amansesew**:

Methods of Food Production and Preservation

Methods of Curing Disease

Military Structure; Defense; Security

Institutionalization of Values (Establishing Institutions)

Methods of Governance and Jurisprudence

Construction of Homes on Acquired Land

Manufacturing of Clothing

The Afurakani obarima and Afuraitkaitnit obaa (African~Black man and woman) are compelled to participate in the process of Amansesew in all of these areas. These various aspects of Amansesew are governed by the *Abosom* of the seven celestial bodies as well [**Akradinbosom**]. You will find that there will be one or more out of the seven areas that your spirit is drawn more strongly to than all others. Afurakanu/Afuraitkaitnut recognize that maturity is rooted in independence, sovereignty, self-rule. We are therefore committed to acquiring land and building a nation.

The Afurakani obarima and Afuraitkaitnit obaa balance their bodies and spirits which liberates their consciousness from the spiritual control of the whites and their offspring, their culture and their pseudo-religions. Once liberated, the Afurakani obarima and Afuraitkaitnit obaa then liberate the spirits of their children and those connected to them. They now have a liberated zone—their family and their home. When in connection with other Afurakani/Afuraitkaitnit adults of like-spirits, the liberated zone expands, family by family, group by group, until Amansesew is achieved...”

For more information on **OBARIMA** *see:* www.odwirafo.com/obarima.html

For more information on the **Akradinbosom** *see:* www.odwirafo.com/Akradinbosom_Awusi_Article_Nhomawaa.pdf