



NAIAR YOOKU





NAIAR

In our Ancestral language of **Keneset** and **Kamit** (Nubia and Egypt) the term **nai** (nah-ee) means: *house, abode*. The term **ari** (ah-ree) or **arit** means: *gateway, hall, chamber; judgment hall*. **Naiari** or **Naiar** therefore can be translated as *the house or sanctuary of the chambers/halls of judgment*.

In the language of Kamit (just as in the Twi language of the Akan) there is no letter 'L'. Whenever a word from another language was translated into the language of Kamit that contained a letter 'L' we translated that letter by using the **metut** (hieroglyphic symbol) for the letter 'R'. The "rolling" 'R' and the 'L' sound very similar when speaking at regular conversation speed. This is why **Naiari** or **Naiar** (nah-ee ahr) came to be pronounced **Naial** (nah-ee ahl) and **Nile**.

HAPI

Naiari appears in the world in three major river-forms. (1) The river of stars in the sky. (2) The longest river on Earth. (3) The river of blood in your body. The major title of the **Naiari** in Kamit is **Hapi**. **Hapi** is the **Ntoro** (God), the Divine Spirit-Force, moving through these river-forms. As the Divine Spirit-Force moving through what is called the river of stars

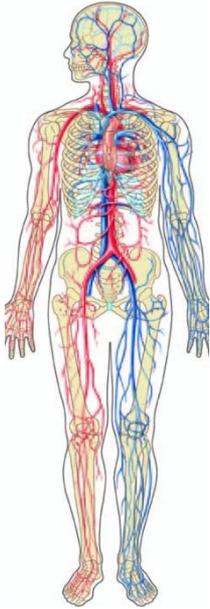
in the sky, the “heavenly Nile” or the “milky way”, He is called **Hap-Ur**, meaning **Hapi** *the Great*. As the *Ntoro* moving through the river on Earth, He is called **Hap Reset** and **Hap Meht**, the *Southern Nile* and the *Northern Nile*. As the substance flowing through your veins He is called **Mu**.



Hap Ur



Hapi in Kamit



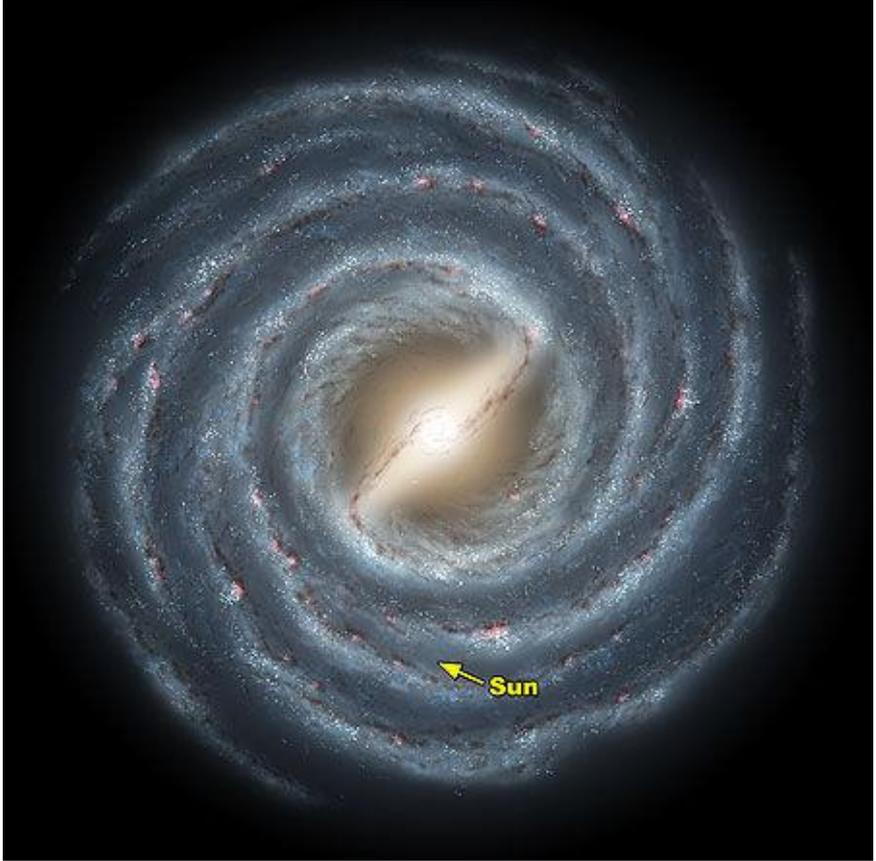
Mu Hapi

The river of blood in your body carries the nutrients from the foods you digest to every cell in your body. This river also carries water to every cell in your body. Finally, this river carries oxygen to every cell in your body. Your well-being is dependent on *naiari*, the river, **Hapi**, to sustain you. In a similar fashion, **Hapi** in ancient Kamit is the Spirit-Force Who sustained the lives of our Ancestresses and Ancestors for thousands of years.

It very rarely rained in Kamit. Our people were therefore dependent on the annual flood of **Hapi** to soak the land. After **Hapi** would flood the land for a certain period the water would recede. The land was then ready to be farmed by our people. The wet, rich, fertile soil was ready for crops to be planted. When the harvest came, the produce—the result of **Hapi**’s flood—would feed the entire country. **Hapi** *nourished* us with the vegetation

He helped to produce. He *rejuvenated* us with His water. He *empowered* us with the Spiritual-Force that He draws *into* the water from His “heavenly” body, the river of stars in the sky, **Hap Ur**.

Hap Ur, the “milky way” is a river of stars, Suns, whose combined energy has a great effect on our solar system. Just as the **Owia** (Sun) activates the Earth, and us as we exist on Earth, so does the river of stars/Suns, **Hap Ur**, activate/energize our *Owia*.

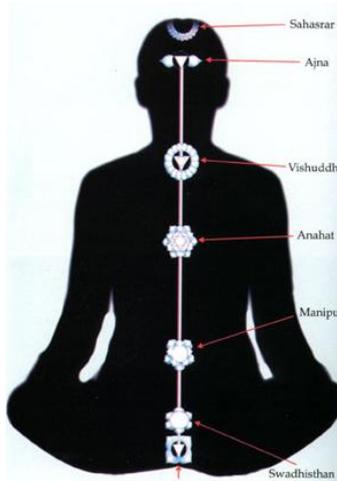


Our galaxy containing Hap Ur and our Solar System

As a child of, an emanation of, **Hapi**, you as **Naiar**, have a spirit that is designed, engineered, configured by **Amen** and **Amenet** (The Supreme Being) to bring **nourishment**, **rejuvenation** and **empowerment** to

yourself, your family and our greater **Afurakani/Afuraitkaitnit** (African~Black) Community. You have no choice. Your Divine function, your **nkrabea**, is **inborn**.

As **Hapi**, the **Naiar** (nile), moves through the entire *country* of Kamit, the length and breadth of the *galaxy* and the river of *blood and energy* in your body, He flows through different **divisions**. As **Hap Ur**, the energy of the many stars/Suns flows through various solar systems including ours. As **Hap Meht** and **Hap Reset**, the Northern and Southern Nile in Kamit, the water flows through the various cities, shrine sanctuaries, villages. As the energy of **Mu**, **Hap** flows through the different organs and organs' systems in your body. Moreover, He flows through the different divisions of your spirit. Your spirit is composed of seven major divisions. Each division or **aritu** is a *ball*, a *chamber* that contains your spiritual organs and organs' systems. These **aritu** are often referred to as “chakras”.



The river of Energy along the Spine and the 7 divisions/aritu

As the blood flows through your body, each of your organs and glands are **nourished, rejuvenated** and **empowered** by the energy they receive. As the energy within the blood, the Spirit of **Hapi** moves through your spiritual body, your **aritu**, the divisions of your spirit. Thus, your spiritual organs are **nourished, rejuvenated** and **empowered** by the energy they

receive. This is why **Hapi** can be called **Naiari**, the *house, abode (nai)* of the *chamber(s) ari(t)* (chakras/energy centers).

You are an emanation (projection) of **Hapi, Naiar**, in the world. Your presence can **nourish, rejuvenate** and **empower** those who are truly connected you. However, if negligent, your presence can deflate, poison and weaken them. **Your success depends on your commitment to yourself, to your spiritual cultivation, the cultivation of your maturity.**

Do you want to be self-**destructive** or **constructive**? The river of energy in the **Hap Ur** has asked and answered that question. It **constructively** feeds the energy of our solar system and our *Onia (Sun)*. The river of Kamit has asked and answered that question. It **constructively** fed the **Naiar** Valley and our Ancestresses and Ancestors survived for thousands of years because of it. The river of **blood** in your body has asked and correctly answered that question. It **constructively** feeds the cells of your body and this is why your body is functioning **properly**. The river of **energy** in your body must be **directed by you** to correctly answer that same question properly. You must answer that question by **consciously directing your thoughts, intentions and actions** for the betterment, the **constructive** growth and development of yourself, your family and our people.

The word **ari(t)** means not only *division, gateway, ball, chamber*, but **judgment hall**. Each division of your spirit is a *judgment ball*, because you have the ability to utilize your spiritual power (thoughts, intention and actions) to exercise **good** judgment or **misjudgment**. **Good** judgment benefits Afurakanu/Afuraitkaitnut (Africans) physically, spiritually, financially, socially and otherwise. **Misjudgment** benefits the whites and their offspring—our enemies—**because misjudgment ultimately leads to incarceration, addiction, social paralysis, disease, injury, suffering and untimely death for Afurakanu/Afuraitkaitnut.**

Every Afurakani/Afuraitkaitnit individual has an **nkrabea**, a Divine function or mission, just like the different organs and systems in your body have their own functions/missions. Some Afurakanu/Afuraitkaitnut are, like the immune system, drawn to **protect** the community. Some Afurakanu/Afuraitkaitnut are, like the skeletal system, drawn to be

builders, architects, structural engineers in the community. Some Afurakanu/Afuraitkaitnut are, like the excretory system (kidneys, bladder, etc.), drawn to **cleanse/heal/purge** the community of waste, toxins, diseased thought and behavior. Some Afurakanu/Afuraitkaitnut are drawn to **nourish, rejuvenate** and **empower** the community.

As you function in the world, you are naturally drawn to—**born to**—carry out the functions which are in harmony with your nature. You are drawn to interact with people and the world in a specific manner. As the life-force energy flowing through you causes you to think, contemplate, make decisions, use insight and ultimately judgment, you find yourself in the **judgment hall**. Because of your **nkrabea**, your function/mission, the judgments you make will not only affect you, but those who are connected to you in a profound way.

As one who is born through the force of an *Ntoro* (*God*) Who is a **nourisher, rejuvenator** and **empowerer** of the people, **you must keep your river/flow clean**. If the blood is not clean, the cells suffer. If the life-blood of the family is not clean, the family is poisoned and ultimately suffers. If the life-blood of the community is not clean, the community is poisoned and ultimately suffers. In the same fashion, if the protectors in the body are not focused, the body becomes ill. If the protectors in the family are not focused, the family is attacked. If the protectors of the community are not focused, the community is dominated by the enemy.

As **Naiar**, you must keep your head, energy and movements clean in order to fulfill your role in the world. **You must keep your river of thoughts, intentions and actions clean, clear and focused.**

How do you fulfill your role, your natural draw, to function as a **nourisher, rejuvenator** and **empowerer** of yourself, family and community?

Now that you understand the *Ntoro* (*God*), The Spirit-Force, that governs your **sunsum** (spirit) as **Naiar**, you must understand the *Ntoro* that governs your **okra** (soul).



YOOKU

In the culture of the **Akan**, we recognize that each of the seven days of the week are governed by a solar, lunar or planetary body. The day called **Awukuda** (wednesday) is governed by the planet **Awuku**. **Awuku** is also called **Aku**. **Awuku** is known as the planet *mercury* in english. At the first hour of sunrise, the planet **Awuku** is between the **Owia** (*Sun*) and **Asaase** (*Earth*). The energy of the *Owia* therefore penetrates this planetary body first, is conditioned and then the conditioned sunlight bathes *Asaase* (Earth).

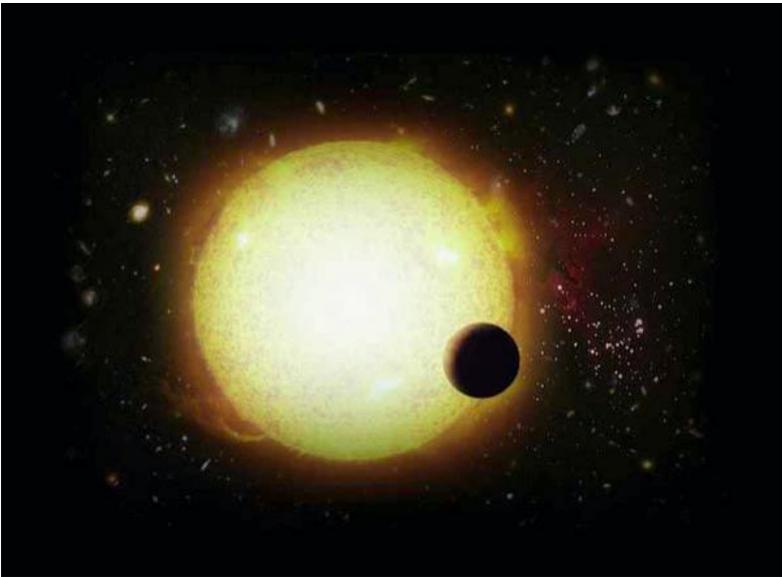
If you were to paint the window in a room green, as the sunlight passed through the window, it would start out white (on the outside) and end up green (on the inside). The green color *conditioned* the white light. It conditioned the way the light-vibrations are transmitted and therefore received. When the sunlight passes through the atmosphere of the planet **Awuku** on *Awukuda* (wednesday) the sunlight is conditioned.

We are totally dependent on sunlight. Without it we would die. However, the manner in which it is conditioned affects our bodies, thoughts, intentions and actions in ways that can be measured. For those who are Akan, the relationship we cultivated with the **Abosom** (Deities/Spirit-Forces in Nature) determines how our **okra** (soul) is shaped by the Spirit of the solar, lunar and planetary bodies.

You were born on **Awukuda** (wednesday). This means that (1) your *okra* (soul) was given to **Awuku** before your *sunsum* (spirit) entered your Mother's womb. (2) because of that fact, you were *destined* to be birthed on **Awukuda** under the influence of this planet and the **Obosom** (God) **Awuku** Who operates *through* this planet.

When you took your first breath as a newborn, the energy bathing the atmosphere of *Asaase* (Earth) that *Awukuda* (wednesday) was **conditioned** by the energy of **Awuku**. That conditioned energy filled your lungs, saturated your blood and went into every cell in your body. Because you have **abatumm** (*melanin*—the chemical that makes you black) you are capable of receiving and transmitting the **FULLNESS** of this Divine Energy.

Your *okra* belongs to **Awuku**, is conditioned by **Awuku**. You will fulfill your role in the world by living in harmony with the energy and consciousness streaming from your *okra*, for this energy and consciousness streaming from your *okra* (soul) conditions your *sunsum* (spirit), just as the planet **Awuku** conditions the sunlight and then transmits it to *Asaase*.



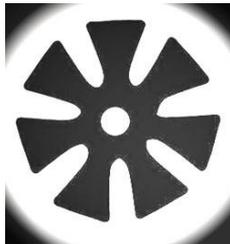
The **Owia** sending its Energy which passes through/is conditioned by **Awuku**

Your *okra* is felt by you on a regular basis. **It is that force within your head that is constantly pulling you to do what is right, what is correct.** When you are in the midst of making a decision you will feel the *pull* of the *okra* in the right direction. You may attempt to go against that pull. The **Nanansom Nsamanfo**, your Honorable Afurakani/Afuraitkaitnit Ancestresses and Ancestors, will also whisper in your ear/spirit attempting to guide you towards following the pull of your *okra*. This is because the *Nananom Nsamanfo* understand that your *okra*, your soul, is a portion of the Divine **Okra/Soul of Nyamewaa-Nyame (Amenet-Amen)**. You have a portion of The Supreme Being's Divine Consciousness/Intelligence dwelling within your spirit, in your head. It is that Divine Force, your *okra*, which knows what is right and wrong and which always pulls you in the right direction. Sometimes this pull is called your *first mind*. However, you have experienced situations in life when you went against this Divine pull. You made excuses, rationalizations, about why you should not follow this Divine pull. The result was that you created problems for yourself and others.

You must be able to distinguish between the pull of the okra and the pull of misguided desire (lust) so that you may follow the okra. This is the essence of maturity. This is the essence of our culture, for it is the foundation of Spiritual Cultivation.

The **Abosom** of each of the solar, lunar and planetary bodies have Their own character, qualities, personalities which manifest in the character, qualities, personalities of Their children. As a *soul-child* of **Awuku**, what kind of *okra* do you have?

One of the major titles of the **Obosom Awuku** is **Ananse**.



ANANASE NTONTAN

In **Akan** culture, **Ananse** is the Messenger of the Supreme Being. He is the "Owner of all of the Supreme Being's stories." He is also often called a "trickster". **Ananse** also means "spider".

A spider can be found at the base of a window sill, yet days later can be found to have filled the entire "empty" space with an intricately woven web. The spider can then travel to any point in that empty space, rest, move again, stop, etc. No other entity can do so. He is the owner of the space and the many "roads" of the web: **Ananse Ntontan**.

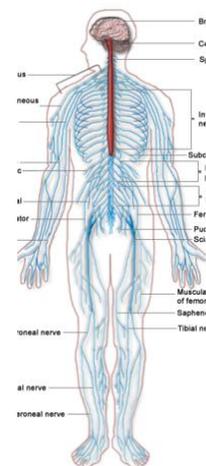


Ananse, as the Messenger of the Supreme Being and the Divine Spider, "weaves" a web of **tumi** (**Akan** for energy) which permeates all of Creation--the Blackness of Space, the Planets, Sun, Moon our bodies, etc. He may then travel to and from any point in the spirit-world and the physical world along the many roads of this **tumi**(energy)-web, carrying the messages of **Nyamewaa-Nyame** (The Supreme Being), the *Abosom* and *Nananom Nsamanfo* to Afurakanu/Afuraitkaitnut and carrying our messages back to Them. Just as He governs the web of information within the Afurakani/Afuraitkaitnit body (your nervous system/an information "web") transmitting impulses/messages from the brain to every organ, cell and system and vice-versa, so does **Ananse** govern the information web of **tumi** in Creation.



∴ No one goes to the house of Ananse to teach it Wisdom ∴

The planet **Awuku** is the closest to the *Onia* (*Sun*) than the other planetary bodies governing the 7-day week. **Awuku** also has the shortest orbit. **Awuku** therefore moves more quickly around *Onia* than the others. As **Awuku** moves around the *Onia*, He receives Its transmissions and sends them to the rest of the solar system. **Awuku** is a planetary Messenger. In your body, **Awuku** operates through your *ntontan* (web) of nerves:



As the Messenger in the cosmos, the Messenger in your body and the Divine Messenger of **Nyamewaa-Nyame**, **Awuku** is called **Aku Ananse** or **Kweku Ananse**. As the Great Divine Spider He is called **Ananse Kokuroko**.

All Akan males born on *Awukuda* (wednesday) receive the **kradin** (krah-deen^o) or *soul-name* **Kweku, Aku** or **Awuku**. This is because your *okra* is governed by **Awuku**. As a *soul-child* of the Divine Messenger, **Awuku Ananse** an **Aku, Kweku** or **Awuku** is One who shows the following characteristics:

Communicator. One who is a **critical thinker**. One who has the ability to solve complex problems quickly. One who is **resourceful**; who can “think on his feet”. One who has the ability to know exactly what to say and at the right time. One who has the capacity to outsmart those who are older and may be more experienced. One who has the capacity to **apply the right body of knowledge** to the specific set of problems confronting the collective. One who is quick-witted, sometimes a “trickster”; intellectually strong. One who manifests **wisdom** and has the **capacity** to be **wise beyond his years**.

An **Aku, Awuku** or **Kweku** (**Akua** or **Ekua** if female) has the capacity to **connect** with a broad range of Afurakanu/Afuraitkaitnut, young and old, male and female. He or she is an **advocate** for those who cannot represent themselves. **Awuku** is the patron **Obosom** of lawyers. A **Kweku** is thus a **champion** for the causes of other Afurakanu/Afuraitkaitnut. Because he is connected to all *created* entities, **he has the ability to show all of the possibilities, the choices available**, when one is confronted with a problem or set of problems. He is the storehouse of information.

Your nervous system, **Ananse’s Ntontan**, is connected to every organ and organs’ system in the body. It carries messages back and forth between them all and the brain (controller). Spiritually, **Awuku** is connected to all of the **Abosom** and *Nananom Nsamanfo*. He sits on the **perimeter** of the Created Order. What is in front of Him is the Divine Order. When you go beyond Him, you have left the Divine Order for *disorder*. You have now set yourself up for *self-destruction*.

The value of **Awuku** in Creation and of a **Kweku** in the community is the same as the value of your nervous system in your body. **Awuku communicates that which establishes balance, could possibly disrupt balance and that which can restore balance in the body, spirit, community and cosmos.**

One of the **mmrane** (praise names) of a male born on *Amukuda* is **Yooku**. **Yooku** is a contraction of the phrase: **Yen wura Aku** meaning *Our Master/Lord **Aku***. Yen wura Aku became *Yenuraku*, *Yewooku* and **Yooku**.

As **Naiar Yooku**, your name reflects the essence of who you were created, fashioned and birthed to be.

You are one who is to nourish, rejuvenate and empower yourself, your family and our people. You are born to bring that Energy and Consciousness through the specific way you connect with, communicate with, advocate for our people. You have the Energy and Consciousness to communicate that which establishes social, financial, communal, relationship, political and spiritual balance amongst Afurakanu/Afuraitkaitnut, what could possibly disrupt that balance and what can restore that balance.

It is through the ritual practices of our **Amammere** and **Nanasom**, our Afurakani/Afuraitkaitnit Ancestral Culture and Religion, that you must activate, exercise and sustain these qualities that define who you are and who you will ultimately become.



ANANSEADWA

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Hapi, Naiar



Awuku