

# **OBARIMA**

**Afurakani Manhood**



**ODWIRAFO KWESI RA NEHEM PTAH AKHAN**

Short Glossary of terms:

**Afuraka/Afuraitkait** (Ah'-foo-rah-kah'/Ah'-foo-rah'-ette-kah'-ette):

**Ra** (Rah) and **Rait** (Rah-ette') are the Creator and Creatress of the world. Together They function as One Divine Unit--The Great Spirit of the Supreme Being. When moving through matter (**Afu**), during the process of Creation, They take on the titles: **Afu Ra** and **Afu Rait**.

In the language of ancient **Khanit/Keneset** and **Kamit** (ancient Nubia and Egypt), **Afuraka/Afuraitkait** is the male/female name of the first landmass or continent of Earth. These male and female names literally mean the **Ka** (land, hill) of **Afu Ra** (the Creator) and the **Kait** (land, hill) of **Afu Rait** (the Creatress). These titles are over 40,000 years old. **Afuraka** is the original pronunciation of the english corruption "Africa".

**Afurakani** (*African--male*) **Afuraitkaitnit** (*African--female*)

**Afurakanu** (*Africans--male*) **Afuraitkaitnut** (*Africans--female*)

*For more details see our nboma (book):*

**AFURAKA/AFURAITKAIT The origin of the term 'Africa'**

[www.odwirafo.com/AFURAKA-AFURAITKAIT.html](http://www.odwirafo.com/AFURAKA-AFURAITKAIT.html)

**Trustory** [troo'-stoh-ree(true-story; trust-ory/trust-worthy story)]:

A true and accurate account of past events. *trustorical; trustorically*.

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# OBARIMA

## Afurakani Manhood

**Order**     *Recognize the Divine Order of Creation: the Balance of male and female*

**Balance**     *Establish that Balance in every aspect of your existence*

**Arms**     *Arm yourself to defend the Order and Balance with your life*

**Respect**     *Continuously re-spect/re-view every thought, intention and action  
and harmonize each with the Divine Order*

**Insight**     *Exercise proper insight in order to make proper judgments in life and  
achieve individual manhood*

**Marriage**     *Participate fully in the Divine Order of Creation through uniting with  
the Afuraitkaitnit female who is your Balance*

**Ancestry**     *Understand that Order can only be achieved through your specific  
Afurakani cultural context: communal manhood*

Remember the first letter of every step, remember **OBARIMA**, and you will recognize your nature as an Afurakani man.



# OBARIMA

## Afurakani Manhood

**Obarima** (aw-beh<sup>2</sup>-ree-mah) is the Twi/Akan term for **man**. It refers not only to a *male*, but also an *honorable, powerful* male worthy to be called **man, obarima**. In **Afurakani/Afuraitkaitnit** (African) Ancestral Culture, your/our Ancestrally inherited culture, **manhood is not defined only by age or biology**. To be **obarima** in the true sense is: *to recognize, internalize and demonstrate through thought, intention and action a specific configuration of principal values*. These principal values stream from the Divine and Ancestral Forces of manhood that define your spirit and shape your potential.

*Male-ness* is defined by biology. *Adulthood* is defined by age. Yet, there can exist an *adult male* who is not yet *obarima*, an adult male who is not yet a man. This means that the individual has reached the age where his body is full-grown, however his character is not fully grown. This is a male who thinks and acts like a child. This is unnatural, unacceptable and self-destructive to self and community. It is very easy to identify such individuals in the Afurakani/Afuraitkaitnit (African~Black) community--- and the disorder they perpetuate.

As an Afurakani male, when you embrace the fullness of your Ancestry, physical and spiritual, you ascend naturally in harmony with your biological development to the position of *obarima*. You are then and only then capable of participating in the Natural/Divine Order of which you were/are created to be a component part. You are then and only then capable of fulfilling your unique function in the world, without creating or perpetuating disorder in the process.

Each day of the seven-day week is governed by a celestial body: solar, lunar or planetary. The seven-day week was first received and utilized by **Afurakanu/Afuraitkaitnut** thousands of years ago. The whites and their offspring learned of the division of the week into seven days based on the cycle of solar, lunar and planetary bodies after having invaded

Afurakani/Afuraitkaitnit civilizations. In **Akan** culture, the seven days are governed by Major **Abosom** (Deities) operating through the solar, lunar or planetary (**okyin**) body which governs the day. The days, their respective *Abosom* and celestial bodies are [*Akwesida* through *Memeneda* – *sunday* through *saturday*]:

<b>Da</b> ( <i>day</i> )	<b>Obosom</b>	<b>Owia, Osrane and Okyin</b>
Akwesida	<b>Awusi</b>	( <i>Owia/sun</i> )
Dwooda	<b>Adwoa</b>	( <i>Osrane/moon</i> )
Benada	<b>Bena and Abenaa</b>	( <i>mars</i> )
Awukuda	<b>Awuku and Akua</b>	( <i>mercury</i> )
Yawda	<b>Yaw, Yaa and Aaba</b>	( <i>jupiter, uranus and neptune</i> )
Fida	<b>Afi</b>	( <i>venus</i> )
Memeneda	<b>Amen-Men</b>	( <i>saturn</i> )

The energy of **Owia**, the Sun, heats up your body and effects your emotions, thought-patterns and so on. The **Osrane**, the Moon also called **Bosom**, has effects on the body, emotions and thought-patterns. The same is true of the planets **Bena, Awuku, Yaw, Yaa, Aaba, Afi** and **Amen-Men** (*mars, mercury, jupiter, uranus, neptune, venus and saturn*). As they orbit the *Owia* and position themselves on their particular day to influence the gravitational field of **Asaase** (Earth), they also influence the electromagnetic energy moving through your nervous system, which affects your organs, the way you feel, the way you process information and more.

Moreover, every day of your life is governed by the **Abosom**, the Divine Spirit-Forces, operating *through* these celestial bodies that influence your spirit, your thoughts, intentions and behavior. Afurakani **mmarima**, Afurakani men, understand the value of these Spirit-Forces and constantly work to harmonize ourselves with Them for the cultivation of ourselves, the development and preservation of our families and our people and the eradication of disorder and its purveyors.

The seven principal values of **OBARIMA** are related to these *Abosom* animating the solar, lunar and planetary bodies which govern the seven-day week. Thus, Afurakani mmarima, each and every day of the week, have an opportunity to focus on the principal value governing that day as it relates to our overall functioning in the world. Every day you have a constant, celestial and spiritual reminder and responsibility to manifest your nature as an Afurakani obarima.

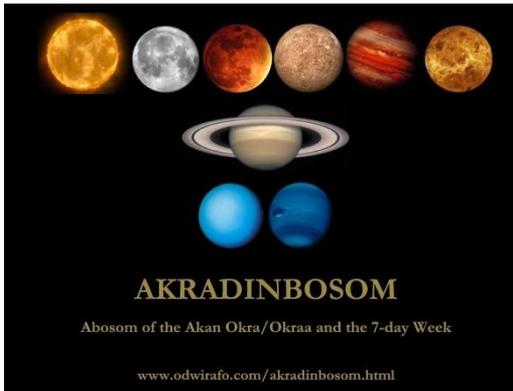
While the language used here is that of the Akan people, these principal values exist within all Afurakani/Afuraitkaitnit ethnic groups. They are thus transferrable to and translatable into all Afurakani/Afuraitkaitnit languages and cultures.

What makes an Afurakani obarima successful at *recognizing, internalizing and demonstrating these principal values through thought, intention and action* is his strict adherence to **Nanasom, Amammere** and **Amansesew**:

**Nanasom:** Afurakani/Afuraitkaitnit Ancestral Religion

**Amammere:** Afurakani/Afuraitkaitnit Ancestral Culture

**Amansesew:** Afurakani/Afuraitkaitnit Nationbuilding/Restoration



*The Abosom (Deities) **Awusi, Adwoa, Bena, Abenaa, Awuku, Akua, Yaw, Yaa, Aaba, Afi** and **Amen Men** are called **Ausar, Auset, Heru Behdety, Sekhmet, Set, Nebt Het, Heru, Wadjet, Nekhebet, Het Heru** and **Amen Men (Min)** respectively in ancient **Kamit** (ancient Egypt). See our **AKRADINBOSOM** page for articles addressing the nature and function of these Abosom: [www.odwirafo.com/akradinbosom.html](http://www.odwirafo.com/akradinbosom.html)*



The first principal value of **OBARIMA** directs us to:

**ORDER** *Recognize the Divine Order of Creation: the Balance of Male and Female*

Such recognition is the foundation of physical, emotional, mental, cultural and spiritual stability. Without this understanding your thoughts, intentions and actions will be imbalanced thereby rendering your person unstable.

Physiologically, the sperm cell of the Afurakani male and the ovum cell of the Afuraitkaitnit female are two halves which create one whole---you. The sperm cell is not superior to the ovum. The ovum is not superior to the sperm. They are complementary opposites. They are the balance of one another. The insanity of “male/female imbalance” or conflict is a manifestation of the ill-culture of the whites and their offspring. It has no basis in reality and has no place in our patterns of thought and behavior. **Indeed, it is the incorporation of this foolish notion that has lead Afurakani males (not men) to abuse Afuraitkaitnit (African) women: sisters, mothers, daughters, nieces, girlfriends, wives, co-workers, schoolmates and so on.**

The balance of male and female goes beyond the physical as there are non-physical qualities that bear the stamp of that which is predominantly masculine and that which is predominantly feminine. Spiritually, psychologically/mentally, you must be able to recognize the *fiery* (masculine) aspect of your emotional energy as well as the *cool/watery* (feminine) aspect of your emotional energy, the masculine aspects of your personality and the feminine aspects. **This has absolutely nothing to do with the insanity of dissexuality (homosexuality).** While you are composed of masculine and feminine components (contributed initially by the sperm and ovum cells that made up your physical body), you have a predominance of the masculine, whereas females have a predominance of the feminine. The same is true with regard to the configuration of your spirit.

The Ultimate Reality of Creation is the foundation of the Divine Balance of male and female. In **Keneset** and **Kamit**, the Black Civilizations of Ancient Nubia and Egypt, the Great God is called **Amen**. The Great Goddess is called **Amenet**. Together, **Amen** and **Amenet** Function as One Divine Unit---**The Supreme Being**, in the process of Creation. This is why

Afurakani man and Afuraitkaitnit woman---two distinct entities---must function as one *unit* in order to create a child. This is why males and females in the animal world must function as one unit to procreate.



**Amenet**



**Amen (God) and Amenet (Goddess)**

In Akan culture the Great God, is called **Nyame (Ny-Amen)**. The Great Goddess is called **Nyamewaa (Ny-Amen-aat)**. The **Igbo** people of West Afuraka/Afuraitkait call the Great God **Chukwu** and the Great Goddess, **Komosu**. The **Senoufo** people call the Great God **Kolotyolo** and the Great Goddess **Katyeleo**. The **Fon** people call the Great God **Lisa** and the Great Goddess **Mawu**. All Afurakani/Afuraitkaitnit cultures recognize the Reality that The Supreme Being is actually comprised of **God** and **Goddess** functioning *Together*. This is because Afurakani/Afuraitkaitnit people have a direct conscious connection to, and experience of, The Supreme Being. It is the whites and their offspring who have put forward the foolish notion that there is a god but no goddess. This lie was deliberately put forward by them in the process of manufacturing the pseudo(false)-religions of christianity, islam, judaism/hebrewism, etc. It is a reflection of their own imbalanced nature. Afurakanu/Afuraitkaitnut who were or are enslaved by the whites and their offspring assumed this imbalanced thinking from them, however it is against Divine Order and thus against our nature.

Male and Female balance is seen in the balance of the **Creator** and the **Creatress**. The **Goddesses** and the **Gods**. The **Ancestresses** and the

**Ancestors. Earth and Sky, Fire and Water**, exhaling and inhaling, action and inaction (rest), night and day, death and birth, consumption (digestion) and elimination. Waking and sleeping. Accepting and rejecting. **Law** (Love) and **Hate**. And very important and very critically: **Order** and **Non-order**.

It is crucial to understand that **Order** and **Non-Order** are the balance of one another. One can have some clay that is in an unformed state or **non-ordered**. One can then shape the clay into sculptures. The clay is now in an **ordered** state. It went from **non-order** to **order**. If someone came along, saw the clay sculptures, took a hammer and broke them all causing the pieces to scatter all over the room, the clay is now in a state of **disorder**. It is most critical to understand that disorder, as demonstrated clearly here, is **NOT** the *balance* of Order. Disorder is the **perversion** of Order.

In Akan culture there is an **ebe** (proverb) that states: *The Hawk says that all that Nyamewaa-Nyame (The Supreme Being) created is Good.* In Afurakani/Afuraitkaitnit culture, **Good** and **Order** are the same concept. Therefore, the opposite of **Order** is **Non-Order**. The opposite of Good (all that **Nyamewaa-Nyame** created) is that which **Nyamewaa-Nyame did not yet create**. The opposite of Good/Existence is Non-Existence. The opposite of that which is **Created** (that which is Good) is that which is **Uncreated** (not yet created).

Good/That which is *Created* is balanced out by that which is *Uncreated*. Good is **not** balanced out by evil. *Evil* and *disorder* are the same concept. As in the example above, the *unordered* clay is the *uncreated/unformed* clay. The sculptures are the *formed/created* clay—that which is *good*. When the sculptures are destroyed, that destruction is a **perversion** of the good---**NOT** the balance of the good. It is a **perversion** of the creation, **not** the *balance* of the creation. This is because the destruction was not sanctioned (approved) by the sculptor. It was an act that was against the sculptor's intention. It was a **perversion** of the sculptor's intention. It is therefore unacceptable. Disorder is the *perversion* of Order. Evil is the *perversion* of Good.

Order and Non-Order. Formed and Unformed. Created and Uncreated. Those who are born/exist as Created by **Nyamewaa-Nyame**--- Afurakani/Afuraitkaitnit people. Those who are not yet born/do not yet

exist/not yet Created by **Nyamewaa-Nyame**---Afurakani/Afuraitkaitnit Ancestral Spirits who are waiting to be born into the world. True opposites balance one another. They complement one another.

**Nyamewaa-Nyame Nhyehyee, The Divine Order, is the Union of Complementary Opposites.**

The balance of the **Afurakani male** is the **Afuraitkaitnit female**. The balance of Afurakani/Afuraitkaitnit people---the only *created* people---are the *uncreated* people: the Afurakani/Afuraitkaitnit Ancestresses and Ancestors not yet born. The balance of the Afurakani male is **not** the white male. The balance of Afurakani/Afuraitkaitnit people is **not** white people. The whites and their offspring (white europeans, white americans, white hispanics, white so-called “native”-americans, white arabs, white indians, white asians, etc.), i.e., all non-Afurakani/non-Afuraitkaitnit people are not the balance of the *created* people, they are a **perversion** of a minute percentage of the *created* people. They are descendants from and carriers of a genetic and spiritual perversion which defines them, and establishes their identity as physically and spiritually separate from and out of harmony with Afurakanu/Afuraitkaitnut.

**Ote** is a Twi/Akan term which means: *perception, recognition, understanding*. When the **Owia** rises it illuminates what was in darkness. This is a natural process. Darkness and Light balance one another. The rising of *Owia* allows us to recognize, perceive this reality and **Awusi**, the Male *Obosom* operating through the *Owia*, therefore allows us to perceive the reality of male/female balance so that we can move to execute our function in the world properly. It makes *ote*, perception, possible. An Afurakani obarima understands the critical distinction between darkness and blindness. Darkness is natural. Blindness is a perversion. An Afurakani obarima is not blind culturally, politically, nor spiritually. He is not blinded by darkness and he is not blinded by the light of truth. He accepts both in balance and advances.



The second principal value of **OBARIMA** directs us to:

**BALANCE**    *Establish that Balance in every aspect of your existence*

An Afurakani obarima recognizes that he does not exist as an individual separate from other *created* entities. You are part of a system, a whole, just as every cell within your body was created and designed to execute a specific function in your body, for the different cells are part of a whole system—you. When the cells function in harmony with their Divine design, the body is healthy. When the cells malfunction, the other cells are made to suffer. When you as an Afurakani male function according to the way you are designed, those connected to you will benefit as well. Those Afurakani males who mal-function in the society bring suffering to their families, friends and other Afurakanu/Afuraitkaitnut.

Once you have internalized the reality that there is male and female balance in Creation and that this is the Divine Order of Creation, you then seek and work continuously to establish that balance within yourself.

Physically, you make sure that you put the right things in your system with regard to diet for your health and well being, and you make sure that you eliminate waste and toxins from your system on a regular basis, within a natural cycle. You make sure that you strengthen yourself through exercise and rejuvenate yourself through sleep. You make sure that you engage in **adwuma**, *work*, in order to benefit yourself and those connected to you, and you also make sure that you engage in rest/recreation. Too much water will drown you. Not enough water will leave you dehydrated. Too much food will lead to obesity, disease. Not enough food will lead to malnourishment. Over-working can lead to stress. Not working manifests laziness, disorder and deterioration of the spirit/mind. The Akan say: *Adwuma ye*, “*Work is good*”. An Afurakani obarima is **never** unemployed. This is because an Afurakani obarima understands that he is by nature productive. He recognizes the reality that he must **always** be self-employed, an entrepreneur in some capacity, whether or not he is also employed by someone else. *This is crucial for Afurakanu/Afuraitkaitnut living behind enemy lines. To neglect self-employment is to reject independence. Afurakani mmarima do not embrace the foolish notion of being dependent on the whites and their offspring.* Your heart works continuously. If your heart became “un-employed” that would

be the end of your existence in the physical realm. Your heart does not over-work itself, nor underperform, for either state would lead to disease. None of the extremes listed reflect an Afurakani obarima. It is the balance which reflects our true nature.

Spiritually, you must recognize that what you ingest affects your thoughts and behavior, in the same manner that what you physically ingest affects the behavior of the organs and organs' systems in your body. *Establishing the balance of male and female in your spirit centers on your ability to balance the fiery emotions and the watery emotions--and the various temperaments in between.*

Children, scream, cry, lash-out when things do not go their way. This is because they have not yet learned and are not yet mature enough to balance the fire and water of their emotions. Adults who cannot exhibit balanced emotions are nothing more than children. Your ability to properly balance your emotional energy will greatly affect the manner in which you make decisions and the course and outcome of your life.

**One foolish decision made, rooted in misguided expressions of emotion, can land one in prison or in the cemetery. This happens everyday in the Afurakani/Afuraitkaitnit community. Only you can control this.**

As you establish balance within the manifestations of your emotional energy you will be able to recognize the physical/mental/intellectual/spiritual assault being waged against you daily from the society of the whites and their offspring. You will therefore be able to discern, properly determine, what is truth and what is false, what you need to accept and what you need to reject. Who and what to love, be in *law* with, and who and what to hate. Through ritual practice of **Nanasom**, your Afurakani/Afuraitkaitnit Ancestral Religious practice, you must ground yourself.

In this process, you have balanced your body, you have balanced your emotional energy, you have balanced your spirit/mind. You are now capable of connecting with other individuals whom have balanced themselves as well and begin the process of **Amansesew**. Again, you are part of a greater system. All *created* entities are important components of the world system and have Divinely allotted functions to execute. When you

balance yourself, physically and non-physically, your natural compulsion to fulfill your role in Creation will be felt strongly and constantly. *Amansesew* is a product of this compulsion. You will recognize the reality that to exist under the rule and governance of the whites and their offspring, our enemies, is the ultimate imbalance for the Afurakani/Afuraitkaitnit **oman** (nation/community). You will thus be naturally drawn to those who are engaged or interested in carrying out all seven major aspects of **Amansesew**:

## **Methods of Food Production and Preservation**

## **Methods of Curing Disease**

## **Military Structure; Defense; Security**

## **Institutionalization of Values (Establishing Institutions)**

## **Methods of Governance and Jurisprudence**

## **Construction of Homes on Acquired Land**

## **Manufacturing of Clothing**

An Afurakani obarima is compelled to participate in the process of *Amansesew* in all of these areas. These various aspects of *Amansesew* are governed by the *Abosom* of the seven celestial bodies as well. You will find that there will be one or more out of the seven areas that your spirit is drawn more strongly to than all others. An Afurakani obarima recognizes that maturity is rooted in independence, sovereignty, self-rule. We are therefore committed to acquiring land and building a nation.

An Afurakani obarima balances his own body and spirit which liberates his consciousness from the spiritual control of the whites and their offspring, their culture and their pseudo-religions. Once liberated, the Afurakani obarima then liberates the spirits of his children and those connected to him. He along with his Afuraitkaitnit **obaa** (woman) now have a liberated zone—their family and their home. When in connection with other Afurakani/Afuraitkaitnit adults of like-spirits, the liberated zone expands, family by family, group by group, until *Amansesew* is achieved.

The **Osrane** (Moon also called **Bosom**) causes the rise and fall of water levels on *Asaase* (Earth). The *Asaase* is nearly 71% water. Your body is made up mostly of water as well. As the **Osrane** causes the rise and fall of water levels (tides) on *Asaase* everyday, so does the gravitational pull affect your water levels on a daily and monthly basis. When your tides rise, you are more watery which manifests as an inclination to internalize events and display personal feelings associated with them. When your tides fall you are more external and more aggressive because you have more fire. The swing between water and fire affects the way that you are inclined to deal with those connected to you and others. An Afurakani obarima recognizes the rise and fall of the tides within himself and balances his physical, emotional and mental/spiritual self with them for his own benefit and the benefit of our *oman* (nation). When the tides rise the Afurakani obarima is not given over to being full, and feeling depressed, upset. He takes advantage of the deepness of the water, he goes “under”, becomes contemplative, meditates, studies, prepares himself for what he needs to build, to accomplish. He becomes **odwo**, *cool*, for the *Obosom* operating through the **Osrane** is also called **Adwoa**, the contractive Spirit-Force of the **Osrane** that brings coolness. When the tides fall, the Afurakani obarima is not given over to being misguided in his aggression. He is not dominated by frustration nor a misguided anger. His anger is properly guided to protect himself and his *oman*. His fire is motivational and propels him to build to overcome obstacles, to succeed.



The third principal value of **OBARIMA** directs us to:

**ARMS** *Arm yourself to defend the Order and Balance with your life*

**Every Afurakani/Afuraitkaitnit (African) individual born in America is born behind enemy lines.** An Afurakani obarima recognizes the reality that we are engaged in a protracted war with the whites and their offspring which has continued for over 12,000 years and will continue until we make them extinct.

**You have inherited a war—You were born into a war zone**

In the so-called iraq war, it is suggested that over 4,000 americans died by the 5-year mark. **47,000** Afurakanu/Afuraitkaitnut in the united states alone die **every year** from smoking related cancers. That's approximately **235,000** in 5 years---nearly **6** times the amount of casualties connected to the so-called iraq war's 5-year mark. We must realize where the **real** war is. It is being waged against us. The whites and their offspring claimed to have been looking for chemical and biological weapons of mass destruction in iraq. Of course, the whites and their offspring flood our communities with cigarettes, cigars, marijuana, alcohol, crack cocaine, heroin and various other drugs. These are chemical and biological weapons of mass destruction being used by them in/as chemical and biological warfare against us.

It is estimated that approximately 500,000 Afurakanu/Afuraitkaitnut were enslaved in north america over the course of 350+ years. In reality, the numbers are 10 times that amount. Over **5,000,000** of us were enslaved in north america, while the other 95,000,000 were sent to south america, the Caribbean and europe.

During the physical enslavement process, our Ancestresses and Ancestors were forced to work from sunrise to sunset. Most died within the first 3-7 years on the plantation. They were worked to death. When we look at the chemical and biological war being waged against us, we can see that our bodies are still being worked to death whenever we ingest the above-mentioned substances. Indeed, more of us have died in **11 years** (over 500,000) from smoking cigarettes alone than the number of us that it is falsely claimed died during **350+ years** of physical enslavement (500,000).

Today, the number of Afurakanu/Afuraitkaitnut in America addicted to/hooked on cigarettes alone is: **5,000,000**. There are just as many Afurakanu/Afuraitkaitnut whose **bodies are enslaved** by cigarettes **at this moment**, as the actual number of our **bodies/persons that were physically enslaved** over the course of **350+ years**---5,000,000.

**The whites and their offspring are murdering us, physically, at a higher rate than they did during the entire enslavement period**

### **The war has not stopped**

The whites and their offspring did not take slaves from **Afuraka/Afuraitkait**. They took soldiers, warriors and warrioreesses, architects, physicians, and others who became **en-slaved**. These Ancestresses and Ancestors of ours were **prisoners of war**. They were, fundamentally, soldiers captured in the wars of aggression, fighting to sustain our independence. We must understand that the white arab and white indian enslaved Afurakani/Afuraitkaitnit prisoners of war centuries before the europeans were strong enough to participate. This era is often called the era of the *arab slave trade* or *indian Ocean slave trade*. Moreover, during what is called the ‘tang dynasty’ in china over 1400 years ago, the chinese were enslaving Afurakani/Afuraitkaitnit prisoners of war whenever they were able. This lasted for centuries. Once the europeans were able to participate, the europeans worked with the arabs, indians and asians to enslave Afurakanu/Afuraitkaitnut.

Once in america, many so-called “native”-americans enslaved Afurakanu/Afuraitkaitnut along with the europeans. This is no wonder, being that the so-called “native”-american is not “native” at all. They are descendants of white-asians who migrated to america a few thousand years ago. The only true native in america is the Afurakani/Afuraitkaitnit male and female, for some of our people migrated to america thousands of years before asians or caucasians existed on *Asaase* (Earth).

During the physical enslavement of our people, caucasians and asians worked together. The white arab became a middle-man/agent. He would purchase and/or capture prisoners of war on the continent and deliver us up to the caucasian in america, the Caribbean and europe. Most

Afurakanu/Afuraitkaitnut in america would be forced to work on plantations. The number-one cash crop that our Ancestresses and Ancestors were initially forced to grow was not cotton. It was **tobacco** as well as **hemp** (marijuana). Therefore, millions of Afurakanu/Afuraitkaitnut were enslaved in america in order to pick tobacco as well as hemp. Today, the direct physical descendants of those white tobacco plantation owners, the so-called slave owners, still own those tobacco plantations. They still grow tobacco. It is from those same plantations that the major cigarette companies get the tobacco to manufacture their products. The descendants of the white plantation owners are the owners of the tobacco/cigarette companies.

However, when an Afurakani/Afuraitkaitnit individual goes to a gas station or convenience store he or she purchases the tobacco products (cigarettes or cigars) from the shop owner who is often arab, indian or asian. **Therefore, just as the arab, indian, and asian played the middle-man during the enslavement of our people by delivering us up as property (sources of wealth) to the white plantation owner, so are the caucasians and asians/arabs/indians working together today. We still pick tobacco, from the shelves of convenience stores, gas stations.** We enrich the caucasian plantation owners (cigarette company owners) and the middle-man, arabs/indians/asians who deliver us up to the plantation owners/corporation owners while our bodies are worked to death (via lung cancer and other diseases) at the same time. The only difference in this era is that they are murdering **more** of us, **faster**.

We must also realize that the same process also occurred and continues to occur with marijuana (hemp). We must also realize that the whites and their offspring gave our Ancestresses and Ancestors cocaine on plantations to make us work longer hours. Today marijuana is distributed in large amounts through our community by the whites and their offspring (CIA, FBI, local police and others) and foolish Afurakanu/Afuraitkaitnut who work with them. The substance crack cocaine was manufactured specifically for Afurakanu/Afuraitkaitnut by the whites and their offspring and distributed by them (CIA, FBI, local police and others) as a weapon of chemical and biological warfare against Afurakanu/Afuraitkaitnut. We must also realize that some of our Ancestors and Ancestresses were purchased for **rum**

(alcohol) and were enslaved not only on plantations but forced to work in **distilleries** to produce alcohol. Today alcohol is distributed in large amounts “legally” throughout our communities. Drunkenness leads to conflict, domestic abuse, murder, car crashes, death from liver disease, reduced brain-functioning and more. The consumption of alcohol, tobacco, marijuana and other drugs is **insane** for any Afurakani/Afuraitkaitnit individual. **All** of these substances destroy our **abatumm** (melanin), poison our organs and organs’ systems **and open us to the discarnate spirits of our enemies and their influence. An Afurakani obarima does not get drunk, does not smoke marijuana or tobacco, does not use or sell narcotics, nor does he make or embrace excuses for doing so—for any excuse to consume or sell these substances is foolish.**

**An Afurakani obarima does not participate in the chemical and biological destruction of and warfare against himself and our people.**

**An Afurakani obarima wages war against the enemy.**

We must also realize that the plantation overseer, who rode around on a horse to make sure that Afurakanu/Afuraitkaitnut on the plantation were terrorized, whipped, maimed, murdered, jailed, and would not escape, still exists in the form of the city overseer, which is the overseer/officer or police officer. Police brutality is nothing new in our community, for the position of ‘officer’ began during the enslavement of our people with the plantation ‘overseer’.

However, the **most important part of the story of enslavement** is rarely told. As stated in our work: **MATE MASIE:**

*“...Yet, it is a grave error to believe that Afurakanu/Afuraitkaitnut (Africans) accepted slavery. It is estimated that 50,000+ Afurakanu/Afuraitkaitnut (Africans) per year during the centuries of physical slavery freed themselves. Liberation from slavery took many forms. The most important being the example of the **akofo** (warriors and warriorresses; sing. *okofo*) whom are often referred to as “maroons” (runaways) and “outliers”.*

*Those of us who held on to our Ancestral traditions are those who liberated ourselves from slavery and went on to build sovereign, independent nations not far from the*

*plantations. We established the fundamental institutions of nationhood in our new environment: Food production and preservation, healing practices, a military structure, cultural instruction (institutionalization of values), government, building of shelter, production of clothing. When the white slavers would come to attack these independent Afurakanu/Afuraitkaitnut (Africans), attempting to drag them back into slavery, they came into contact with a formidable Afurakani/Afuraitkaitnit (African) military. In many areas we fought wars against the white slavers for decades. During these times, the liberated, independent Afurakanu/Afuraitkaitnut (Africans) would descend on the plantations, burn them down, kill the slavemaster and the members of his household and liberate our Afurakani/Afuraitkaitnit (African) brothers and sisters who were still enslaved on the plantations. We would then return to the liberated zone in greater numbers.*

*In South America, Central America, the Caribbean and the United States there were enough military successes by the akofo, that the whites in government would eventually ask us for truces and would propose peace treaties. It is because the whites and their offspring, after having fought against the “unburnable” Afurakanu/Afuraitkaitnut (Africans) for years, realized that we would never “break”. They also recognized the threat that the akofo (warriors and warriresses) or “maroons” posed to the entire evil institution of slavery. They feared that all Afurakanu/Afuraitkaitnut (Africans) would eventually join with the okofo nations and wage a war against the white race with the goal of completely exterminating the whites. This took place on a brilliant scale in Haiti, and to a lesser degree in other regions.*

*This is the trustory behind the whites being forced into abolishing physical slavery. Afurakanu/Afuraitkaitnut (Africans) endured the most heinous crime in the trustory of the world because we held on to our Ancestral traditions. We opened ourselves up to the guidance of our Ancestresses and Ancestors, and the Deities through ritual, and we were guided and empowered by Them to overcome our enemies....”*

Every Afurakani obarima recognizes the reality that every time that he steps out of his front door he has stepped into a war zone. You are a target, for the war against the white slavers has never ended. **The prison system is no different than the large ships of enslavement within which we were shackled and held.** They seek to fill these concrete holding cells/ships with us for their benefit and to our detriment just as they sought

for hundreds of years, non-stop, to fill the sea-going vessels/ships of enslavement with us for their benefit and to our detriment.

The policy of the whites and their offspring with regard to Afurakanu/Afuraitkaitnut has always been and continues to be to 1) *increase our death-rate* and 2) *decrease our birth-rate*. For those who escape this primary policy initiative the goal is to *increase our incarceration-rate* and *increase our addiction-rate*. For those who escape this initiative the goal is to *increase our spiritual incarceration-rate* through teaching pseudo-religions and to *increase our spiritual addiction rate*.

**Akode** means *arms, armaments, artillery, weapons; things of war*. The planet **Bena** and the Male *Obosom* operating through that planet is the same Spirit-Force operating through/as your **immune system**. The root of the name **Bena** is **ben**, which means to become red by boiling; hot; fiery. The energetic effect of **Bena** on your body is the stimulation of your immune response. Your immune system's success is dependent on the proper levels of iron in your blood. **Bena** uses iron (arms, weapons) to wage war against cancerous cells in your body. Your immune system is the *military structure* within your being. It is **always** in operational mode. Every moment of everyday and night, the immune system cells constantly seek out and destroy cancerous cells, *the internal threat to our existence*, and toxins streaming in from the outside, *the external threat to our existence*.

The Afurakani obarima recognizes the reality that there are always internal and external threats to our community in operation at all times. The whites and their offspring, their culture and their pseudo-religions are the external threat. The misguided Afurakanu/Afuraitkaitnut who embrace the whites and their offspring, their culture and pseudo-religions are the internal threat. **The Afurakani obarima recognizes both threats and eradicates and neutralizes them accordingly.**

Every time you leave the house, go into a store, drive a car, go into a school, move within a neighborhood, you must be conscious, aware, that an incident can arise at any moment. The decision you make can determine whether or not you are imprisoned, murdered or protected. You must arm yourself with the weapons that are suitable to your spirit. Metal armaments,

chemical and biological armaments, mental/intellectual armaments, spiritual/psychological armaments are all necessary components for our defense and offense, for the whites and their offspring continuously launch offensive after offensive against us physically, chemically (including the creation of diseases), mentally/intellectually and spiritually/psychologically.

An *okofo* (warrior) must know his terrain. He must know who, what and where his resources are. He must know the possible dangers existing at all times and operate with Intelligence.

When in a war, the two most important goals of the *okofo* while protecting his people is 1) **to exterminate the enemy** and 2) **to avoid being murdered or captured by the enemy**. This is essential for the re-establishment of sovereignty (self-rule) and the maintenance of sovereignty. It is wholly unnatural for Afurakanu/Afuraitkaitnut to exist under the rule of anyone other than ourselves. **It is wholly unnatural to exist under the rule of our enemies.**

**Akode** on every level are necessary to realize these goals. The destruction of the enemy is the preservation of the just and the defense and maintenance of **Nyamewaa-Nyame Nhyehyee**, The Divine Order, the balance of male and female. It is the defense and protection of what we have built, the Divinely Ordered institutions that we have established. It is the absolute protection of our women, our children, our honorable Elders and Elderesses, our families, our relations, our *oman*, our ethnicity. This is what we live for. We give our lives to, through and for **Nyamewaa-Nyame Nhyehyee**.





## MENTU RA

A major **Ntoro** (God) of War as depicted in Kamit. He is the instructor of the **Per Aa** (Pharaoh) and Enforcer of morality in family relationships. As such, **Mentu Ra** is the teacher of the young Afurakani male who will grow up to become **obarima**, man, and sovereign of himself, his function in Creation, his morality and his domain.

*The name and function of **Mentu Ra** was corrupted by the whites and their offspring into "mentor" (mentura) and given a perverse meaning and false etymology which has no basis in Afurakani/ Afuraitkaitnit (African) culture and thus no basis in Reality.*

The **Osansa**, hawk, is the fierce warrior who attacks his enemies with the greatest force and power. He is relentless in his pursuit. This force connected with **Mentu Ra** is felt through the explosive power of adrenaline in connection with the heart and spirit to fight and annihilate disorder and its purveyors. **Mentu Ra** is the husband of the **Ntorot** (Goddess) **Tanenet**.

**Mentu Ra** is the Patron **Ntoro**, the **Egyabosom**, of **OBARIMA**.

The fourth principal value of **OBARIMA** directs us to:

**RESPECT**     *Continuously re-spect/re-view every thought intention and action and harmonize each with the Divine Order*

What separates the Afurakani obarima from the Afurakani **oba** (child) is the decision-making process by which the Afurakani obarima regulates his thoughts, intentions and actions and the consistency with which he engages that process. You have inherited **Amammere**, you have inherited Afurakani/Afuraitkaitnit Ancestral Culture, a particular way of operating in the world connected to and based on your spiritual and genetic make-up. Your *Amammere* manifests in the form of urges, compulsions, intuitions and more. There are certain activities, thoughts, intentions and actions that you are naturally, spiritually averse to. Things that are naturally repulsive to you, because these thoughts, intentions and actions are contrary to your nature as Afurakani.

As part of a Divine Whole, **Amen-Amenet** (The Supreme Being), as a created cell within the Great Divine Body of **Amen-Amenet**, you are part of a system. You have a role to play, just as every cell in your body is part of a greater system (you) and has a role to play. Your decision-making process must be a reflection of your position in this system, in Creation. Your decision-making process must lead you to operationalize respect in the true sense, the Afurakani/Afuraitkaitnit sense. To respect, is to **re-spect** or **re-view**. The root of the term spectate (to look at) as well as inspect (to look in-to) is spect. To re-spect is to re-view or re-look, re-assess some thing, entity, and/or event. It is to recognize the proper place of all created entities and events in Creation and to harmonize yourself, in every thought, intention and action with Divine Order---continuously---for the rest of your life. This is your responsibility as an Afurakani obarima. Children must grow into this responsibility. For the full-grown Afurakani obarima, this responsibility is just as essential as eating and sleeping.

If the cells in your body decided to stop playing their respective roles, and began to engage in other kinds of behavior, you would become ill. Disease would set in. The cells in/of your body constantly and continuously assess their situation and make the proper moves/motions. When missteps occur,

there are cells/systems/organs within the body (such as those of the immune system) which engage in correction. This maintains the integrity of the organism and thus the health of the body.

As an integral part of a Divine System, a Divine Whole, and of an *oman* (Afurakani/Afuraitkaitnit nation), and of an ethnic group, and of a family, you must constantly and consistently assess your situation at each moment in time and make the proper moves/motions/judgments. When missteps occur, genuine missteps, you must engage in the cultural processes whereby those missteps are corrected---for the good of the whole. When foolish missteps occur because of your own conscious negligence or rejection of your role in the system, **you must recognize the reality that you must and will suffer the consequences of your actions.**

**Forgiveness is not part of Afurakani/Afuraitkaitnit Ancestral Culture, for this concept is not functional in Creation.**

Every cause has an effect. Every effect has a cause. Everything that you do has consequences. Consequences are inescapable. It may appear that some have escaped certain consequences temporarily, however they will, through a process, be confronted with the consequences streaming directly from their actions. The notion of turning the other cheek is insane, self-destructive and a manifestation of extreme immaturity. This is the reason why this foolish idea is promoted by the whites and their offspring in their fake-religions. **It is a means by which they maintain the spiritual and physical enslavement of Afurakanu/Afuraitkaitnut.**

An Afurakani obarima recognizes the reality that Divine Order is rooted in Cause and Effect. An Afurakani obarima recognizes that we do not have the time nor the foolish “luxury” of engaging in foolish, self-destructive, criminal behavior, while hoping/praying that we will escape the consequences. The immediate consequences for the community are apparent. People are poisoned when they purchase and use drugs sold to them by one in their own community. This leads to crime, incarceration, death, murders, job-loss, abuse of family members, friends, community members. Families suffer when women and children are physically abused. Not only do the women and children suffer, but the Afurakani male

ultimately will suffer the same violence in some form as well as possibly being incarcerated, maimed and/or killed. **In reality, when an Afurakani male unjustifiably inflicts violence upon any in the Afurakani/Afuraitkaitnit community his own punishment in the form of physical attacks upon him, incarceration and/or death is well-deserved. He has become an enemy to the Afurakani/Afuraitkaitnit community and deserves to be treated like the enemy.**

Ultimately, the consequences of Afurakanu/Afuraitkaitnut engaging in criminal behavior keeps us from focusing on self-rule, and keeps the whites and their offspring in control. This is precisely why they promote criminality in our community as something to be “proud” of. This is insane. It is the promotion of insanity. To inflict wounds on your community is just as insane as stabbing yourself and being proud of it, for you are an integrated component part of the community. What you do to the community—those Afurakanu/Afuraitkaitnut who are *truly* connected to you—you do to yourself.

The difference between an Afurakani obarima and an Afurakani male is the manner in which he arrives at decisions, which is rooted in a timeless process. Each step of the seven-step decision-making process of **NYNSAPO** is governed by one of the *Abosom* that govern the solar, lunar and planetary bodies that govern the seven-day week. We therefore have the input and support of the Forces of Nature in every decision that we make. This makes our decision-making process sound, whole and a manifestation of true **nyansa**, wisdom.

The planet **Awuku** is closer to the *Owia* than others and has the shortest orbit. It therefore moves quickly around the *Owia*, picking up the emanations/energy of the *Owia* and constantly projects them, transmits them, out into the solar system affecting/informing the other celestial bodies in the process.

The planet **Awuku** and the Male *Obosom* operating through that planet is the same Spirit-Force operating through your **nervous system**. Your nervous system is literally the *world-wide-web* within your body. It carries messages from the brain to every organ and from every organ to the brain.

When the messages transmitted are clear, the body functions normally. If the messages are blocked the wrong decisions are made, the situations are not properly assessed, the actions are not re-spected nor re-viewed, and the body suffers. The energetic effect of **Awuku** on your body, stimulating your nervous system to continuously transmit the proper messages, decisions, and assessments is the same process to be stimulated in your spirit/mind through an interconnected decision-making process.

**The decisions you make determine the course of your life.** It is only through this interconnected decision-making process that you as an Afurakani obarima can re-spect or re-view every thought, intention and action and harmonize each with Divine Order.

**Nyansapo**, excerpted from our *nboma (book)* **PTAH Sasetem**: [www.odwirafo.com](http://www.odwirafo.com)

## NYANSAPO

(Decision-making process)

<b>Aware</b>	<i>Be aware of yourself as descendant of Afurakanu/ Afuraitkaitnit</i>
<b>Focus</b>	<i>Focus on the situation and how it relates to you as an Afurakani/ Afuraitkaitnit person</i>
<b>Ultimatum</b>	<i>Make your final decision rooted in the knowledge of what is right</i>
<b>Requirements</b>	<i>Recognize what is necessary, physically and spiritually, in order to carry out the decision</i>
<b>Act</b>	<i>Carry out the decision</i>
<b>Keep</b>	<i>Keep focus on the validity of the decision</i>
<b>Attest</b>	<i>Take ownership of the decision, your behavior and the result</i>

Remember the first letter of every step, remember **AFURAKA**, and you will remember how to make proper decisions.



The fifth principal value of **OBARIMA** directs us to:

**INSIGHT**     *Exercise proper insight in order to make proper judgments in life and achieve individual manhood*

When an Afurakani male recognizes **Nyamewaa-Nyame Nhyehyee**, Divine **Order**, which manifests throughout Creation as the balance of male and female; when he establishes that **Balance** in every aspect of his existence; when, once he has established that Divine balance within himself, in his home, in his relationships, in his family, and his circle, he **Arms** himself on every level to defend the Order and balance with his life; when he continuously engages the process of **Re-specting** his every thought, intention and action and harmonizing each with Divine Order, the Afurakani male is then poised to cross the threshold of **obarima**, manhood, on the individual level.

The tools that the Afurakani male has so far developed and internalized are necessary and sufficient for him to survive and thrive within any situation or condition wherein he finds himself at any moment in time. At the same time, new situations and problems will confront him and his people that have no precedent and old situations/problems which have never been addressed sufficiently nor resolved will resurface. As life advances we move into different cycles that are governed by different configurations of forces.

*These different cycles require that we utilize our thoughts, intentions and actions in new but proper ways to confront and overcome the new obstacles. These different cycles also provide us an opportunity to resolve problems with a rejuvenated spirit that were left unresolved by previous generations.*

The Afurakani obarima is thus one who exercises proper insight, in order to make proper judgments in life. The Afurakani male then crosses the threshold of obarima when he recognizes that exercising proper insight allows him to participate in the process of setting the precedents for overcoming new obstacles and bringing resolution to those problems which had been left unanswered.

One may contract a disease and use his knowledge and awareness to re-establish balance/health to his body. He draws on the knowledge he has gained and the precedents that have been set to affect the cure. He may cure others as well with the time-tested method. *However, one may move into a new environment and come into contact with toxins that have never been encountered before.* There is no precedent set for establishing a cure for the new disease patterns that develop. The Afurakani obarima must be able to confront the new challenge and overcome it. He must exercise proper insight in order to make proper judgments. This means that in order to be obarima, the Afurakani male must invoke his intuition, his insight, which is rooted in his **Okra** (aw-kra'), his soul, his Divine Consciousness (a "drop" from the "Ocean" of the Divine Soul/Consciousness of **Nyamewaa-Nyame**). When the Afurakani male invokes his **nhumu**, his insight, the **ani** (eye) of his *Okra* (soul) he recognizes the manner in which he must apply his intelligence-gathering process to confront and overcome new challenges that will confront him and his people.

The Afurakani obarima must also invoke his **nhumu**, his insight, in order to resolve problems that have been left unresolved in our *oman* (nation)-- **those problems that have kept us stagnant, ill, self-destructive and dependent.** The invocation of *nhumu* is an act of independence, of maturity, for it establishes for the Afurakani male the reality that his consciousness is directly connected to the Divine Consciousness of **Nyamewaa-Nyame**. This means that there is no problem that cannot be solved. There is no obstacle that cannot be overcome. As Afurakanu/Afuraitkaitnut, we have the capacity to see the consequences of misguided ideas, and change course:

- 1) **before** we create a major problem or exacerbate an existing one and
- 2) **after** we have found ourselves in a negative situation and are seeking a way out.

**Nhumu gives the Afurakani obarima the capacity to "rescue" himself, before something negative has a chance to take shape.**

One can have an intuition about walking down a certain block at a certain time. The intuition directs him to change course and take a different path to his destination. Later that evening, the individual learns that there was a

fatal shooting on the block that he was directed by his *nbumu* not to walk down.

Such an example demonstrates that the Afurakani/Afuraitkaitnit individual has the responsibility to awaken his/her *nbumu* – his Divine perception (**ohu**) inherited from **Nyamewaa-Nyame** through his *Okra*. **It is an act of maturity.** It is incumbent upon the Afurakani male to be able to perceive the dangers around the corner, large and small, physically, emotionally, culturally, politically, economically, spiritually, and take **preventative** measures. In the same fashion, the Afurakani obarima must be able to invoke his *nbumu* when others in the community have failed to do so. When societal problems plague the community and the community has not moved to solve the problems, it is incumbent upon the mature Afurakanu/Afuraitkaitnut to engage in **intervention**, to invoke their *nbumu* in order to perceive the underlying causes of the problems and eradicate them completely, finally restoring balance to our lives.

**Ohu** (knowledge, perception) and **Nhumu** are messengers of **nokware**, *truth*, within the Afurakani obarima. It is our adherence to *nokware*, through *nbumu*, that will solve our inherited, present, and future/potential problems, for *nbumu* attunes us to the reality of **MMARA NE KYI**, Divine Law and Divine Hate, the Two Poles of Divine Order. **Through Divine Law and Divine Hate we learn who and what to accept (be in law/love with) and who and what to hate, to reject. Nhumu leads to proper judgment. The Afurakani obarima recognizes the reality that judgment is wise—only misjudgment is unwise. Proper judgment is the hallmark of maturity.**

The perversion or suppression of *nbumu* sets us up to be dominated by the perverse views/beliefs of our enemies. When we lack *nbumu*, insight, vision, we lose direction. We then make misjudgments. This is **blindness** in the true sense. The whites and their offspring understood this reality and therefore moved to blind us to *nokware*. This resulted in the misdirection of the immature amongst us generation after generation. The greatest means by which we have been misdirected into blindness is via the corruption, by the whites and their offspring, of our Afurakani/Afuraitkaitnit Ancestral Religion.

An Afurakani obarima exercises *nbumu* which instantly awakens him to the reality that Afurakani/Afuraitkaitnit Ancestral Religion is the only Religion that has ever existed and that ever will exist. It is through the ritual practices of our **Nananom Nsamanfo** (Honorable Afurakani/Afuraitkaitnit Ancestresses and Ancestors) that we incorporate Divine Law and it is through these ritual practices that we exercise Divine Hate thereby restoring Divine Balance to our lives. Afurakanu/Afuraitkaitnut, being the only *created* humans on Earth, inherited ritual practices from **Nyamewaa-Nyame** through the agency of the *Abosom*, the Spirit-Forces in Nature. As we incorporated the lessons of how to harmonize our thoughts, intentions, actions, bodies, and spirits with Nature, the Divine Order, we developed protocols and institutions to preserve and transmit this knowledge. Once Afurakani/Afuraitkaitnit males and females became and become of age, when they are ready to cross the threshold into manhood and womanhood, their *obu* and *nbumu*, knowledge, perception and insight, is provoked ritually so that they can experience and insperience the *nokware*, truth of the Created Order, **Nyamewaa-Nyame**, through connection with the *Abosom* and *Nananom Nsamanfo*. This process allows them to internalize the protocols, the culture, *Amammere*, inherited from their *Nananom Nsamanfo*.

We worship (word-ship; ship/send words, vibrations to) the **Abosom** in order to provoke Their Divine Energy and Consciousness, so that we can receive it, internalize it and utilize it to harmonize ourselves with Divine Order...So that we can create and live good lives.

The whites and their offspring moved to misdirect Afurakanu/Afuraitkaitnut from the worship of the *Abosom* to the insane worship of white people and their foolish ideas. Only the immature within the Afurakani/Afuraitkaitnit population ever fell for such misdirection. This has continued for centuries amongst the immature, **however it ends now. It ends with Afurakanu/Afuraitkaitnut who have invoked and exercise proper *nbumu*.**

**All of the pseudo-religions of the whites and their offspring are perverse and are to be rejected by all Afurakanu/Afuraitkaitnut. This includes: christianity in all of its forms, islam in all of its forms, judaism, hebrewism, moorishism and rastafarianism in all of their**

forms, hinduism in all of its forms, buddhism in all of its forms, taoism in all of its forms, pseudo-native american spirituality in all of its forms, new age pseudo-spirituality and pseudo-esotericism in all of their forms, and all other non-Afurakani/non-Afuraitkaitnit ideologies and practices in all of their forms.

Nhumu will prove to you that jesus never existed. yeshua ben pandira never existed. mooses never existed. abraham, isaac and ishmael never existed. muhammed never existed. solomon, sheba and menelik never existed. buddha never existed. brahmin and the devas and devis never existed. yahweh/jehovah and allah never existed and are corruptions of titles of deities who do not represent the Supreme Being. None of these characters ever existed of any race whatsoever. They are absolutely fictional.

When you study the **trustory** (true-story) of our Ancestresses and Ancestors in Ancient Keneset and Kamit (Nubia and Egypt), you will find out how the whites and their offspring, after having waged and lost wars against the Afurakanu/Afuraitkaitnut in Kamit for over 4,000 years, finally gained control of the Northern part of Kamit over 2,000 years ago. The whites and their offspring learned of religion for the first time after having invaded our lands. **It was then that they decided to corrupt the information and images associated with our religious practice in order to manufacture fake religions with white gods. It took the whites and their offspring hundreds of years and numerous wars to finalize the perverse pseudo-religions mentioned above. These wars continue today, as they continuously attempt to force these fake religions on Afurakanu/Afuraitkaitnut all around the world.**

The pictures below are of some of the images of *Abosom* (Deities) depicted in Kamit thousands of years ago---before the white invasions. The **names** of These **Spirit-Forces in Nature** Who operate through the Sun and Moon (**Heru, Khensu and Tehuti**) the River (nile river—**Hap Meht**) and the innermost core of the Sun and Earth (**Ptah**) were corrupted by the whites and their offspring. The **corrupted names** were then **attached to sculptures of white males who were then re-presented to us as “prophets” or the “supreme being”**. The whites and their offspring had

thus manufactured images of white males and fake gods who never existed and gave them corruptions of names from Kamit, and fictional life stories and character traits. Major examples of the actual *Abosom*, actual Spirit-Forces in Nature, and the corruptions:

**Khensu** and **Heru** – corrupted into *yensu, yeshu, hensu, hesu, and jesus*

**Tehuti** has the titles: **Maakher** – corrupted into *moshe/moses*, **Aprehui** corrupted into *aprehuim, abrehuim* and *ibrahim/abraham*), **Habui** (ibis bird) corrupted into *habweh, yabbweh, yahweh*; **Iah** (Moon) corrupted into *jah*

**Hap Meht**, is the water (**Mu**) of the Nile (**Hap**) of the North (**Meht**). His title **Muhapmeht** was corrupted into *muhammed*

**Ptah** was corrupted from *putah* into *buddha*.

**Ra** as **Ra Ur**: **Ra** the **Great God**, was corrupted from **Ur-Ra** to *ul-lah, allah*.

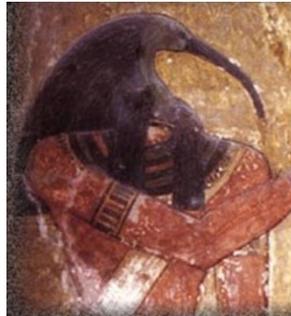
None of the mythical characters *jesus, yeshua, mores, abraham, muhammed, buddha, or allah* existed, not white or black. *allah, yahweh, jah, brahmin, and others* are perverse titles added to make-believe “gods” who are given voice in the false “scriptures” of the whites. In reality, whenever it is said that “god” is speaking in the scriptures, it is nothing more than the voice of the white criminals speaking through the foolish doctrine being propagated by the book.



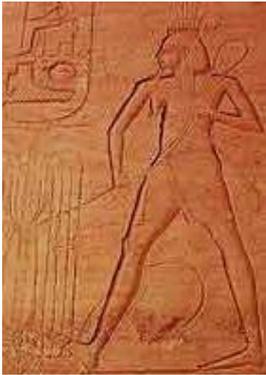
**Khensu**



**Heru**



**Tehuti**



Hap Meht



Ra



Ptah

An Afurakani obarima is not a christian, muslim, hebrew, jew, moor, rastafarian, hindu, buddhist, kabbalist, new-age pseudo-spiritualist, taoist, pseudo-“native”-american spiritualist or any other non-Afurakani/non-Afuraitkaitnit pseudo-religionist or spiritualist.

You cannot accept nokware, while at the same time accept the deliberate perversions of your own Afurakani/Afuraitkaitnit Ancestral Religion forced on us by the whites and their offspring. It is an insult to your intelligence, to your okra (soul), to Nyamewaa-Nyame, the Abosom and your Nananom Nsamanfo, to reject Nyamewaa-Nyame Nhyehyee, Divine Order, simply to follow the foolish disordered, perverse doctrines of the enemy—caucasians, asians, indians, and pseudo-native americans.

An Afurakani obarima does not follow the enslavers, an Afurakani obarima follows *nhumu* which ties us to one another as Afurakanu/Afuraitkaitnut, to the Abosom, the Nananom Nsamanfo and Nyamewaa-Nyame—only.

The planet **Yaw (Aberaw)** is the largest of the planets in the Solar system. It has the greatest weight. In Akan culture one who has courage is said to be **akokoduru**, meaning his chest (*akoko*) is heavy/has weight (*duru*). This means that the man has *heart*. The title **aberaw** describes one who is *brave* in Akan culture. One who relentlessly challenges disorder and who never compromises on the truth. The *nhumu* that they have into *nokware* does not

allow them to deviate from what is right and proper. In fact, a **mmrane** (praise name or “nick” name) of a male born on **Yawda** (Thursday) in Akan culture is **Barima** (obarima). The energetic effect of **Yaw** on your body is the stimulation of your cardiovascular system. **Yaw** gives you “heart”. The heart begins to pump rapidly in order to send enough blood to the areas that need it when engaged in a battle. In the same manner the Male *Abosom* **Yaw**, in harmony with the Female *Abosom* **Yaa** and **Aaba**, provokes you to exercise your will and redirect your energy to the places, people and events that need your *nhumu*, insight, to challenge disorder relentlessly, overcome unresolved issues and new obstacles. It is through this process that you actualize your maturity by developing the ability to make proper judgments consistently. You have now become **obarima** on an individual level.



*For details on the abovementioned Abosom (Deities) and the fictional characters of the bible, quran, talmud, download our publication and mp3:*

### **KUKUU-TUNTUM The Ancestral Jurisdiction**

[www.odwirafo.com/kukuutuntumpage.html](http://www.odwirafo.com/kukuutuntumpage.html)

*and our article series:*

### **Origins of the Fictional characters of the bible, quran and talmud:**

[www.odwirafo.com/nhwehwemupage.html](http://www.odwirafo.com/nhwehwemupage.html)

The sixth principal value of **OBARIMA** directs us to:

**MARRIAGE** *Participate fully in the Divine Order of Creation through uniting with the Afuraitkaitnit female who is your balance*

Once an Afurakani male has become obarima he is then qualified and has the responsibility to participate fully in the Divine Order of Creation through uniting with the Afuraitkaitnit female who is his balance.

As an emanation of **Nyame** (God), the Afurakani obarima can only be balanced out when he connects with the emanation of **Nyamewaa** (Goddess), the Afuraitkaitnit **obaa**. When an Afurakani obarima is fully developed, actualized as obarima, what he has become is a fully developed **half**. When the Afuraitkaitnit obaa is fully developed, actualized as obaa, what she has become is a fully developed **half**. The two halves must at some point come together in order to comprise the whole, just as **Nyame** and **Nyamewaa** are united as The Supreme Being—the Two Great Halves of the Divine Whole.

The Afurakani obarima unites with the Afuraitkaitnit obaa in order to properly execute his **nkrahea**, Divine function/mission---the function he is given by **Nyamewaa-Nyame** to execute in the world. The union of obarima and obaa is the crystallization of the first principal value of **OBARIMA** and **OBAATAN**: *Recognize the Divine Order of Creation: the Balance of male and female*. It is a re-enactment, and replenishment of the first act of Creation, the Union of **Nyamewaa-Nyame**—our Greatest Ancestress and Ancestor. The union of obarima and obaa brings a balance to the spirit that can only be experienced. It allows both individuals to connect with **Nyamewaa-Nyame** in a balanced and whole fashion, and on a regular basis.

We must recognize that when we have children, we are bringing Afurakani/Afuraitkaitnit Ancestresses and Ancestors back into the world. These Elderesses and Elders, ancient Spirits, operating through the bodies of newborns, are totally dependent on us and our direction. They are dependent on us to cultivate them in a balanced fashion. We cannot recognize the Divine Order of Creation, the Balance of male and female,

without having at some point fully participated in this condition—physically and spiritually.

**Awaree** (ah-wah'-ray), the term for *marriage* in Akan culture, is a vehicle of spiritual renewal for the Afurakani obarima and Afuraitkaitnit obaa, and also a vehicle of purification for the return of our *Nananom Nsamanfo*.

It must be noted that both obarima and obaa must be committed to fully operationalizing the institution of *awaree* for the spiritual function of *awaree* to be realized. When one or both parties cease to, or refuse to utilize the sacredness of *awaree* for its intended purpose, the union is no longer functional. Afurakanu/Afuraitkaitnut created and institutionalized *awaree*, yet Afurakanu/Afuraitkaitnut also created and institutionalized **awaregu**, *divorce*. Exercising proper *nbumu*, allows the Afurakani obarima to make the right choice when considering *awaree*. However, if it is found over time that the wrong choice was made, the *nbumu* of the Afurakani obarima will direct him to the dissolution of the union in harmony with Divine Order.

**Only the Afuraitkaitnit woman can balance out the Afurakani man. Only the Afurakani man can balance out the Afuraitkaitnit woman. An Afurakani male would pollute his body, his spirit and our community, living and deceased/Ancestral, if he were to embrace a non-Afuraitkaitnit female. An Afuraitkaitnit female would pollute her body, her spirit and our community, living and deceased/Ancestral, if she were to embrace a non-Afurakani male.**

Just as it is insane to ingest poison, it is anti-Afurakani/anti-Afuraitkaitnit to embrace the whites and their offspring, on any level whatsoever, for this would be to embrace spirits of disorder. **Afurakanu/Afuraitkaitnut incarnate into the world as spirits of Order. The whites and their offspring incarnate as spirits of disorder—all of them.** Once again, disorder is NOT the balance of Order. Disorder is the perversion of order. **The inclusion of poisonous substances, and poisonous people—the whites and their offspring, is an act of self-destruction and one of the greatest manifestations of the insanity of self-hatred.**

Such inclusion not only brings perversity to the Afurakani/Afuraitkaitnit individual him or herself, but to the Ancestresses and Ancestors Whom must return through them via birth. It is an attack on self and our Ancestresses and Ancestors to force them to be born into the world having a white, asian, indian, arab, white-hispanic, white so-called ‘native’ american, or other “parent”. This creates conflict in an Afurakani/Afuraitkaitnit spirit whom has returned to live in the world once again through such a so-called inter-racial coupling, because his or her spirit will be assaulted by the white “parent”, the white “parent’s” relatives and the constant perverse communications from the white “parent’s” deceased relatives. The goal of the whites and their offspring is always to misguide the Afurakani/Afuraitkaitnit child to embrace white people, the enemy, their culture and false religions—thereby perpetuating white rule through the suppression of our natural desire for revolution-resolution.

**The conscious Afurakani/Afuraitkaitnit “mixed” child however, using his or her nhumu, grows to hate his/her white “parent”, the white “parent’s” family and lineage and rejects them completely.**

The union of Afurakani obarima and Afuraitkaitnit obaa is the definition of *awaree*. **The notion that two males or two females can balance one another out is absolutely insane. It is physically and spiritually deviant and self-destructive. The practice of dissexuality (homosexuality) in any form is an insane, perverse practice, which is the basis of the identity of the whites and their offspring. This is why it is they who promote it.** However, it is a foolish, attempted assault on the Divine Living Energy, the Creator and Creatress, **Ra** and **Rait**, Who created all authentic entities in male-female balance. Such an insane affront to Divine Order, is the highest manifestation of disorder for an Afurakani male or Afuraitkaitnit female to even consider and especially to engage in. **This is why Nyamewaa-Nyame, the Abosom and the Nananom Nsamanfo absolutely hate dissexuality as well as the whites and their offspring—the purveyors of dissexuality.**

The planet **Afi** and the *Obosom* operating through that planet is the same Spirit-Force operating through your reproductive system. The planet **Afi** is the closest planet to *Asaase* (Earth) and is nearly the same size. The

gravitational pull of **Afi** affects the magnetic field of *Asaase*. In your body, the energetic effects of **Afi** affect the magnetic pull you have with regard to the Afuraitkaitnit woman, sexual arousal, procreation, as well as the energy arousal responsible for artistic creation, innovation and attunement.

The beauty of an Afuraitkaitnit obaa stimulates within the Afurakani obarima the desire to harmonize with her and with Divine Order in all that he does. This is because beauty, from the Afurakani/Afuraitkaitnit perspective, the true perspective, is a manifestation of Divine **harmony**. **Beauty is evidence that Divine Order is being expressed in some fashion.** In Afurakani/Afuraitkaitnit culture, Law and Love are the same word and the same concept. To be *in love* with someone or something is thus to be *in law* with someone or something. This means that one is in *harmony* with Divine Order with respect to that person or thing. Our natural impulse is to properly align ourselves with Divine Order, and this is why beauty, **fefew** in the Akan language, is **motivational**. It arouses not only the sexual aspect of our being, but all of the sensory aspects of our being. Once aroused we are able to commit to, marry, join, *harmonize* with **Nyamewaa-Nyame Nhyehyee**. *Awaree* in Afurakani/Afuraitkaitnit culture is based therefore on a truly *lawful* (love-full) relationship. A relationship between the obarima and obaa committed through Divine Law (Love).



The seventh principal value of **OBARIMA** directs us to:

**ANCESTRY** *Understand that Order can only be achieved through your specific Afurakani cultural context: communal manhood*

The Afurakani obarima through the various principal values has recognized, embraced and actualized himself, properly defined his individuality, his value. However, the Afurakani obarima recognizes the reality that his individual identity is interconnected with those of his specific Ancestral blood circle. He is a component part of a system and therefore he does not exist in isolation. **Amammere**, culture, a specific way of life, is written into our **Okra**, in the form of *nkerabea* (Divinely allotted/given function to execute in Creation) and made manifest in our **mogya**, our blood.

All Afurakanu/Afuraitkaitnut need water to survive and function harmoniously, however we cannot take in water in the same manner that fish take in water. We cannot imitate their *culture*, their way of life/living. If we attempted to do so, we would attempt to take in water by breathing under water, resulting in our own demise. We must recognize that we are comprised of the same elements as other *created* entities such as fish, however our structure is such that we have to follow certain protocols, certain patterns of behavior, in order to function properly.

There are dietary needs that differ between the Afurakani obarima and the Afuraitkaitnit obaa, because our systems are similar, but different. There are dietary needs that differ between the Afurakani/Afuraitkaitnit **opanyin**, adult, and Afurakani/Afuraitkaitnit **oba**, child, because of the different stages of development. Afurakani mmarima of different energy configurations, have differing energetic needs. We are similar but different. It is through our Afurakani/Afuraitkaitnit Ancestral *Amammere*, the great reservoir of over **1,000,000 generations of Earthly experience** catalogued by our *Nananom Nsamanfo*, that we learn about our commonalities and our differences and structure our lives and behavior accordingly.

All of the cells of the body are “body-cells” however, they are configured differently and their function in the body is an expression of their specific configuration. Liver cells are part of the liver family-clan. They cannot

execute the functions of lung cells. Lung cells are part of the lung family-clan. They cannot execute the functions of immune system cells. Immune system cells are part of the immune system family-clan. They cannot execute the functions of bone marrow cells, and so on. However, as they all execute their specific functions in harmony with their Divine design, the body functions in its natural harmonious state.

Afurakanu/Afuraitkaitnut, the only human beings *created* by **Nyamewaa-Nyame**, are cells in the Great Divine Body of **Nyamewaa-Nyame**. The Divine ‘Organs’ of **Nyamewaa-Nyame** are the *Abosom*, the Spirit-Forces in Nature operating through and animating the Suns, Moons, Stars, Planets, Oceans, Earths, Winds, Fire, Air, thought patterns/Divine Intelligence, and more. We, born into the world through one of the planetary bodies (*Asaase*), are cells within one of these Great Divine Organs’ Systems. We are further defined by the specific Ancestral blood circle we have incarnated through. One **abusuakuw** (matrilinal clan) may be governed by a fiery *Obosom*. The members of that particular *abusuakuw* will manifest fundamental character traits associated with that Spirit-Force. They will also have certain dietary, social and other protocols and restrictions that members of another *abusuakuw* whom may be governed by a watery *Obosom* may not have.

On a fundamental level, there are substances in different foods that are allergens for one individual, while another individual can eat the same food and not develop an allergic reaction at all. While all allergens are not related to the divine restrictions, **akyiwadee**, of an *Obosom*, there are some that do carry Divine sanction. They demonstrate a fundamental difference, a unique-ness manifest from one Afurakani/Afuraitkaitnit individual to the next. They also demonstrate the reality that if our natural, Divinely created differences are not respected, honored and valued, we will suffer. Indeed, we can die from a basic allergic reaction as well as from not respecting an *akyimadee*, a taboo, or Divine prohibition.

When an Afurakani obarima, after having cultivated his awareness of his unique place in Creation, has balanced that awareness with the Afuraitkaitnit obaa whom is his other half, they together must recognize as a newly fused Divine Unit, capable of bringing an Ancestor and Ancestress

back into the world, back into a family, that the *Amammere*, the culture established by and transmitted by the *Nananom Nsamanfo* is an entity within which they must operate.

A cell cannot live outside of its family/clan organ or organs' system. An Afurakani/Afuraitkaitnit individual cannot function harmoniously in Creation outside of the Divinely structured *Amammere* that he or she was/is born into—that he or she has inherited.

The internalization and operationalizing of this reality completes the Afurakani obarima, for he has crossed the threshold of communal manhood.

The planet **Amen Men** is the furthest of the planetary bodies visible to the eye of the average Afurakani/Afuraitkaitnit individual. It completes the *cycle* of the planetary bodies with the widest or all-encompassing orbit of *Owia*. While there are other planetary bodies in the universe, it is of great importance that we recognize the value of those which we can see. The light of the planetary bodies that we can see penetrates the *ani* (eye) and stimulates physiological processes which affect thought and behavior. The light is also an energetic connection, like a spider's web, from one Living Entity to another. We are able to use the light-energy, of that which we can see, to connect with the energy of the *Obosom* governing the body/planet. In this manner we gain direct *in-sight* into the working of that Force in Nature and its working within ourselves. These are two of many reasons why our Ancestresses and Ancestors focused on the planetary cycle of *Owia* (**Awusi**), *Osrane* (**Adwoa**), **Bena** and **Abenaa**, **Awuku** and **Akua**, **Yaw**, **Yaa** and **Aaba**, **Afi** and **Amen Men**.

Because **Amen Men**'s reach is greatest, because the berth is widest, because **Amen Men** completes the cycle, the *Obosom Amen Men* is recognized in Akan culture as the Ancient One, the Elder, *He who knows the antidote for the serpent's bite*. **Amen Men** is the Divine repository of *Amammere*. The energetic effect of **Amen Men** on *Asaase* is manifest through the axis, the magnetic pole running through the planet, constantly transmitting and processing the various projections from all of the other celestial bodies. The central axis running through your body, fired by the marrow in your bones,

continuously transmitting and processing the energetic contributions from the organs and organs' systems within you and the projections coming from those outside of you affects the manner in which you approach the world. Your attraction to or repulsion from certain activities, individuals and entities shape your way of interacting, your way of life, your *amammere*, your culture.

An Afurakani obarima gains experience by properly engaging and assessing the value of these transmissions. He catalogues his findings in the process, which confirms the value of his inherited *Amammere*. He himself is then able to transmit this *Amammere* to others without profaning it. He thus becomes an example of **obarima** for those Afurakani males who are coming behind him and for those who were with or ahead of him but have yet to harmonize their thoughts, intentions and actions with **Nyamewaa-Nyame Nhyehyee**.



**The process is now complete.**



For information on our **OBARIMA** Trainings and our *Self-employment Option* for **mmarima** see our website: [www.odwirafo.com/obarima.html](http://www.odwirafo.com/obarima.html)